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SPEECH AND GESTURE

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When sending out our speech, we are sending out something very full, very complete and with very definite shape. You must love the gesture in your speech; therefore, you must speak with your whole body. Your gesture, at the moment you make it, is your speech. You will enjoy your speech if you find you are able to make gesture in it. The gesture will be clearly felt through your speech apparatus.

You must create the gestures - new gestures all the time. You are always creating. You must never try to do the gesture mechanically. Our whole Method is always a creative one - each part of it is built on the creative intuition and without this, my whole Method must be thrown away because it is nothing without this ground work. You must find your gestures in your artistic feelings.