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RHYTHM \  
TIME AND SPACE  
RHYTHMICAL IMPROVISATION  
Michaelangelo

RHYTHM - TIME AND SPACE: Exercise:

Three groups move to a phrase of music. We must develop this fine feeling of when to move and when to be still. It is never the metric but the psychological sense of rhythm. To improvise in rhythm means to be absolutely free; whereas to be frozen by the written understanding of rhythm - the metric - is absolutely wrong. We will approach this big problem of improvisation in rhythm later on. Some students already have this ability to move, to be free, while other may be absolutely metric, but not free. This ability to interpret time and space must be developed - it is a very fine sense. In art we must be free as individuals to interpret the laws of time and space, otherwise it is not art but a mechanical following of rules.

In full rhythmical improvisation lies the real freedom - this is art. If we imagine that the pictures of Michaelangelo begin to move, we will get the idea of this rhythmical improvisation - they do not move realistically. Imagine them moving and continuing to move as you look at them - it will be quite free but it will be rhythmical improvisation. This is the difference between prose and poetry - this is poetry. We will improvise in time and space on the basis of rhythm.