

ATMOSPHERE

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1st Exercise:

Imagine a scene of fisher folk standing on the shore. They have been waiting two days and nights for the fishing fleet to come home. They see a light, but it fades out, then two lights appear in the darkness, and finally in the early morning the ships return, but one is missing. To help to increase the atmosphere, use the colored gelatines - green and blue - two blues for night.

2nd Exercise:

Imagine a gay, entertaining, comical scene, using a bright pink gelatine to help you feel the atmosphere.

3rd Exercise:

To the count of 1,2,3, give your reaction to a feeling of great surprise. Hold it and send it out. Then your reaction to a feeling of hate and disdain.