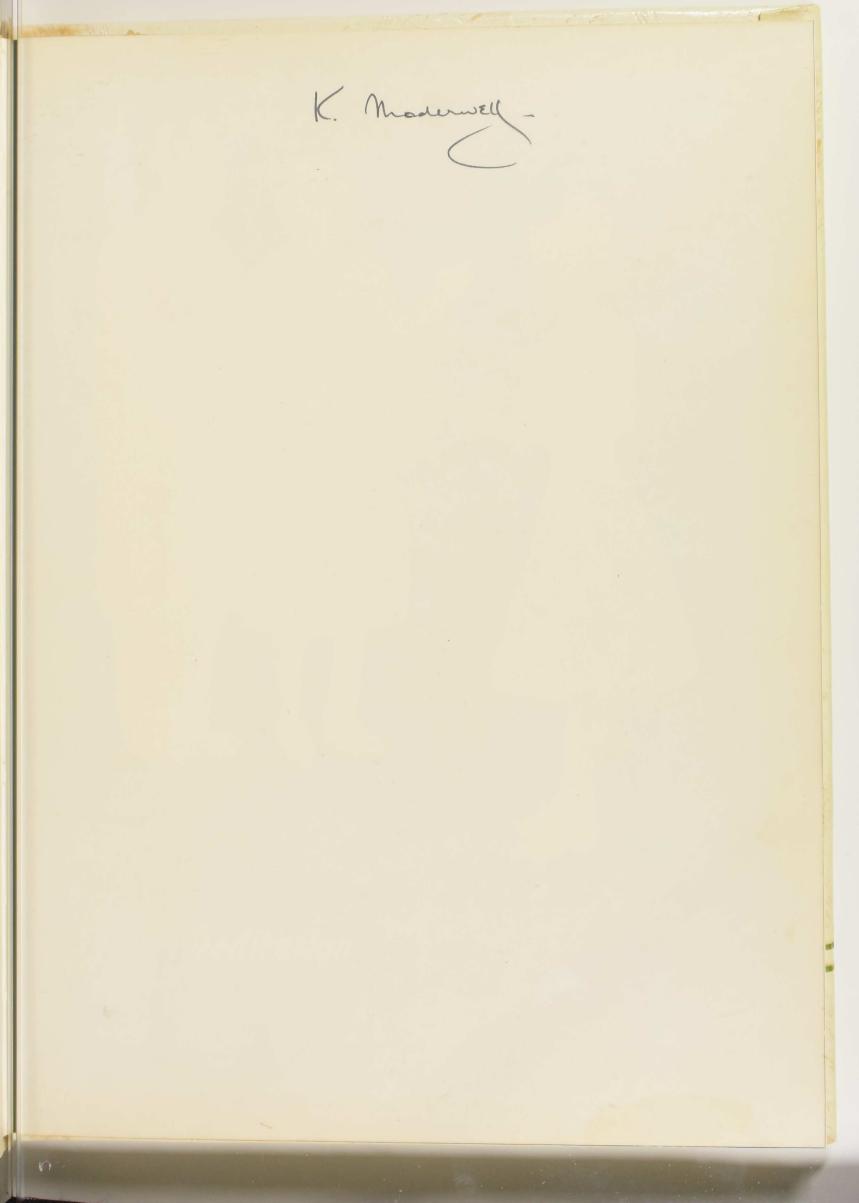
BIBS AND BEANIES 1961



Dedication

Bibs and Beanies, 1961, is dedicated to our Parents for their faith and encouragement, not only during these three years, but all through our lives.

FOREWORD

This book is a small attempt to capture in a concrete form some of the intangible experiences that have done so much to temper our personalities as fire tempers steel.

As our student days draw to a close, we "look back" on the past three years with mixed emotions. We entered these doors happy, carefree adolescents and emerge as young women, more mature and thoughtful because of the experience and insight we have received into the true spirit of nursing.

May this book be to the Seniors especially, a reminder of the past three years, full of the laughter, tears, achievements, disappointments, and responsibilities of a student nurse.



Facts about our School

History of the School

Our school registered its first class on September 7, 1954 and held its first graduation exercises on June 15, 1957. This year, the 5th class to enter the school will graduate.

The school is planned on a new pattern of nursing education. Unlike the traditional hospital nursing school, which is organized as a part of nursing service, with the hospital depending on the students for staffing throughout their three year program, the new school is organized as a separate department of the hospital with its own director. For the first two years of the student program hospital nursing service does not rely upon students for service, therefore all student experience can be arranged for its educational value. This provides much greater opportunity for patient-centered care and student-centered learn-



Our Insignia

Our insignia, which you see on the cover of this book, appears also in our crest, school pin and ring.

The figure represents Hygieia, Greek goddess of health, with the serpent of wisdom entwined about her neck and arm signifying the application of wisdom and knowledge to the promotion of health. ing. Relieved of the pressures of hospital service the student has more time for study, for reflective thinking, for recreation, and much greater emphasis can be placed on experience in the wards as a situation for learning the highest quality of nursing care. Relieved too, of long periods of night duty, more opportunity is given for instructor guidance of students, and for normal community living.

At the end of the second year of the program the student, having completed her basic undergraduate work and passed her school exams, assumes responsibilities as staff nurse in the hospital nursing service. This third year experience, still under school guidance augments and consolidates the learnings of the first two years.

Our cap is a distinctive one which had its design and origin

who was one of the first Canadian nurses. First and second year students wear a navy blue skull cap with a detachable white cuff. The cap without the cuff is worn during community observations and experiences. Graduates and third year students wear a similar cap all in white.

in the very beginnings of Canadian Nursing. Inspiration for the school cap came from the skull cap, informally referred to as a beanie, worn by Jeanne Mance, the 17th century French lady

> The words "SALUS HOMINIBUS" in literal translation "health and well-being for all men" suggest a wealth of meaning. Included is a concern for all matters leading to the betterment of mankind with particular emphasis on the nurse's field of the healing art which serves all, regardless of race, creed, or economic and social status.

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Our Uniforms

Many people have wondered how the Juniors, Intermediates, and Seniors can be identified. Originally it was not planned to have any distinction between the different student years, in order to discourage the idea of rank and to maintain that the difference between a first, second and third year student is one of increased skill and knowledge which should show in performance. However, the students themselves expressed a strong desire to have a distinguishing mark and the following scheme was evolved: students going into their second year wear on their left sleeve a badge with the school motto and insignia in the school colours of gold and white; students going into their third year wear the all-white cap and white shoes and stockings. By referring to the picture on the previous page you can see this distinction clearly.

Our Director

Miss K. Moderwell came to this school three years ago as Assistant Director and instructor in Medical Nursing and the Fundamentals of Nursing. A graduate of Chatham Public General Hospital, Miss Moderwell obtained first her Diploma in Nursing Education, then her B.Sc.N. from the University of Western Ontario. Besides her duties as Director she also finds time for an active role in the local chapter of the Registered Nurses' Association of Ontario as its corresponding secretary.

We would like to thank her sincerely for her leadership and guidance and wish her every success in the future.



Miss Kathleen Moderwell Director of Nursing Education

To the Yearbook Committee of our School, may I extend warm congratulations for the splendid production of this year's Bibs and Beanies.

1960-1961 has been a very special year for many of us at Metropolitan School. In countless ways it has meant the beginning of new challenges and opportunities for all of us — students and faculty alike. These same beginnings would have been impossible without the faith and support of **all** those who live in the "biggest house on the block".

To all the students, especially the graduating class we would leave these thoughts: Although you are well prepared for your roles as professional nurses of today, it would be unrealistic to assume that you have learned everything about nursing within the walls of this School and Hospital. By the same token, we believe that you are ready to take your places in society as mature self-directing citizens, but it would be equally unrealistic to assume that you have reached the epitome of intellectual growth and self-discipline Again, you are beginning. You are beginning a new phase of your professional and social experience which will test and reward your sense of values. Many things will change including the concept of "nursing" itself, and you will find yourselves changing with it. Inherent in change is flexibility and throughout your three years, you have been helped to understand the value of flexibility, the importance of keeping principles in mind, while at the same time modifying procedures in relation to individual patients. In some things you will find it safe and constructive to be flexible, while in others an adamant inflexibility will be the only answer. From now on it is up to you to discriminatand know when to be flexible and when to stand firm on principles. This I know you will do.

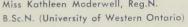
You are a precious part of the evolution of nursing as a profession and from each one of you we can and will expect great things.

Thank you for these three years.





Director Miss Kathleen Moderwell, Reg.N.





Ass't Director Miss Joan Bocking, Reg.N B.Sc.N. (Saskatchewan)

Mrs. Betty Gray, Reg.N. Diploma in Nursing Education (Assumption)



Miss Anne Sauchuk, Reg.N. (U. of Diploma in Nursing Education (U. of Toronto) (Psychiatric Nursing) Toronto) This



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Miss Vicki Ilniki, Reg.N. Instructor in Pediatrics

This page is kindly sponsored by Miss J. Bocking



Miss Jenny Benza, Reg.N. Diploma in Public Health (Assumption)



Mrs. Dorothy Sawatsky, Reg.N. Diploma in Teaching and Supervision (U. of Toronto) (Obstetrical Nursing)

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Miss Moderwell Favorite things: Black Larks and Night Hawks, Western U. popcorn, choirs. and id

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Miss Bocking Favorite things: Opera, magnolias, cats — (embalmed or otherwise).

Miss Benza Favorite things: Spanish guitars, sailing, string quartets,

tams.

Mrs. Sawatsky Favorite things: Pete, Lorna, John, other people's babies, dancing.









Miss Sauchuk Favorite things: Stereos, tall men, any colour as long as it is red!



Mrs. Gray Favorite things: Ted, Nancy, John, going to school, tuberculosis.

> This page kindly sponsored by Miss Moderwell.



Miss Ilniki Favorite things: Bob, Bob, Montreal, Montreal, Bob . . .

Administrator

As usual, the "Bibs and Beanies" annual yearbook is a splendid effort. The writings and photographs tell of a very happy life at the School of Nursing Residence. May I recommend to all students that the success of the Alumnae depends on their efforts after graduation.

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ROBERT BUCKNER, Administrator.



Mr. Robert Buckner

THE BOARD OF GOVERNORS

On behalf of all the students of Metropolitan School of Nursing, but especially for the Graduating Class, the Bibs and Beanies staff would like to publicly express our sincere appreciation to Mr. Buckner and the Board of Governors for making it possible this year for our Graduation Exercises and dance to be held in the Cleary Auditorium. Without their fine support each year we could not have the Graduation that we do, or the school of which we are so proud. To the following we extend a big "Thank You".

Mr. W. T. Grant — Chairman Mr. J. G. Hoba Mr. R. J. Newell Mr. J. H. Charlton Mr. W. J. Wheelton Mrs. C. H. Montrose — Vice-Chairman Mrs. D. C. Bawtenheimer Colonel D. C. O'Brien Dr. J. H. Maus Dr. H. S. Asselstine

Director of Nursing

It is with great pleasure that I extend sincere good wishes to you, the students of our school of nursing. The passing of another year brings each one of you nearer to achieving the objective that was yours when you enrolled in our student programme. With the realization of your initial goal a broad horizon of opportunity and challenge stretches before you. Whatever path you take you will find truth in the thought expressed by "Madeline Bridges"—

For life is the mirror of king and slave—

'Tis just what we are and do;

Then give to the world the best you have,

And the best will come back to you.

RUBY THOMPSON



Miss Ruby Thompson, R.N.

THE NURSING ADVISORY COMMITTEE

The Nursing Advisory Committee has many functions. One of the most important of these is to investigate and make recommendations to the Board of Governors with regard to any matter relating to the maintenance and management of the School. To them we say also a "Thank You" for their support.

Dr. J. Boley Mrs. Ida Totten Dr. J. H. Maus Col. D. C. O'Brien Mr. T. Ord

Mr. John Charlton Mr. R. Buckner Miss Ruby Thompson Miss Ada Vaughan Miss Kathleen Moderwell



"I can't find the patient!"



"Well really!"



I wonder what Jack has up his sleeve for Richard?



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"You'd just better not!"

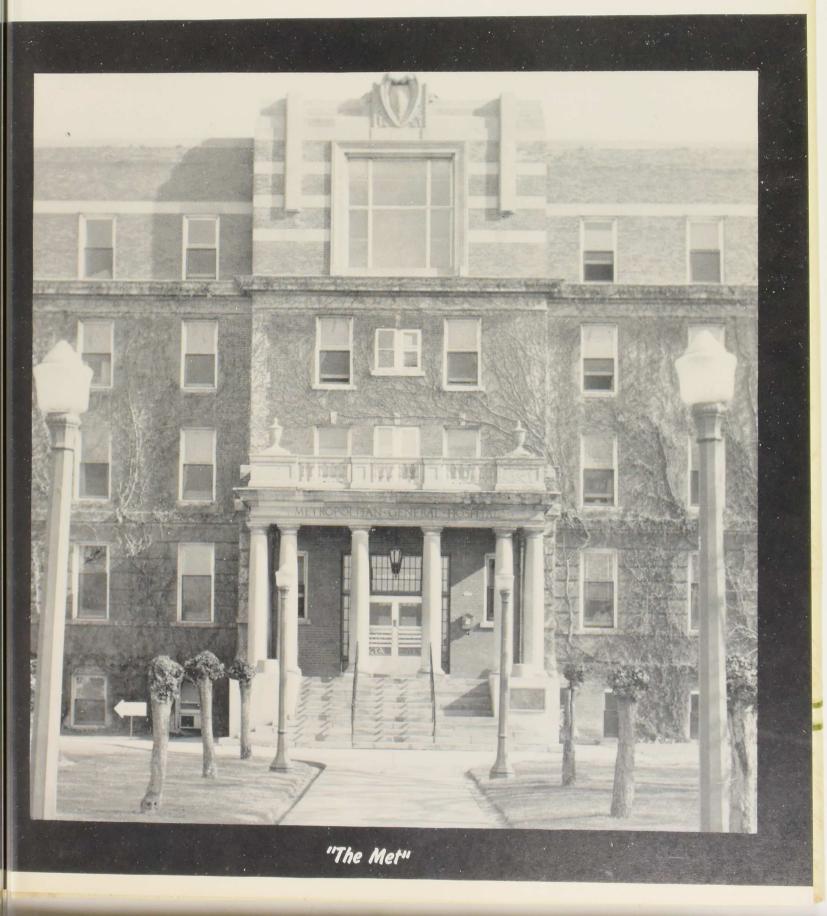


And what were you doing between 12 midnight 10 and 8 a.m.?



Tall, dark, over 21, no wonder he has ulcers!









To: I East (Psychiatric Ward) — our sympathetic ears.







To: I Main — higher side rails.

In.

To: I West — a handy supply room filled with Oxygen Tents.



And Testament The Class







To: II East - sound proofing.



To: II Main — all our basins

for carrying hot water.



To: II West — all our Transfer Slips.







To: III West — our over-worked enema can.

Last Will of Senior





To: III OB. — a printed manual on "How to get to III West".

o: Childre

To: Nursery — our ear plugs.





And Testament The Class







To: Operating Room — our red, raw hands and arms.



p: Children's Ward — our stained aprons.

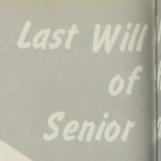


To: Fred Adams Building - all our vaccines.





To: Mr. Rogers — our cheque stubs.





To: Nursing Office - our juggled Time Sheets.

To: Admitting — our empty beds. Recove

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To: Emergency — our woman's intuition for finding Interns.

To: Physiotherapy — our aching backs.

To: Occupational Therapy — our neuroses.



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To: X-Ray — our congested chests.



Recovery com — all unstable od Pres-





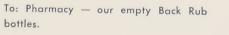
To: Cysto — our blocked catheters.



Formula Room — our blistered and ned fingers.



To: Blood Bank—our ''pooped plasma''







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To: The Cancer Clinic - our admiration.

To: Laundry — our old "blue" uniforms.

Last Will of Senior



To: Lab. — a Directory.



To: Business Officeour unpaid Income Tax.

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To: Record Room — our old Nursing Care Studies.

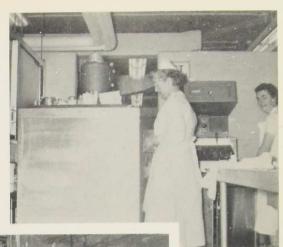
To: House-keeping — the dust in our closets.





And Testament The Jass

To: Diet Kitchen — our requisitions for one lemon.



Stores — a rrel of Der-Issage.





To: Engineers - our plugged sinks.



To: Central Supply — our dull needles.



To: Switchboard—all the questions we've ever answered on a patient's room no.

To: Orderlies — all our unfinished "male" baths.



Our Interns

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Dr. Panwar

Notable Characteristics: charming smile, efficient worker, baggy pants, green suede loafers, big brown eyes.

Age: 28 Marital Status: single Birthplace: Indore, India

Medical Schooling: Bombay

Previous Experience: Milwaukee, Kitchener Hobbies: driving his car, travelling, swimming. Future Plans: anaesthesiologist?



Dr. Efthimiou

Notable Characteristics: distinguished appearance, sarcasm, speaks Arabic, Greek, Italian, French, English, Spanish. Age: 35 Marital Status: (alas) married, 1 daughter Birthplace: Alexandria Medical Schooling: Paris, France Previous Experience: United States, Montreal Hobbies: tennis, swimming, travelling Future Plans: Internal Medicine



Dr. Recupero

Notable Characteristics: intelligent brow, serious manner.

Age: ?Marital Status: Single (we think)Birthplace: ItalyMedical Schooling: GenoaPrevious Experience: United StatesHobbies: photography, travellingFuture Plans: (He won't tell)



Dr. Gambetesa Notable Characteristics: ruddy complexion, shy type. Age: 32 Birthplace: Italy Experience: M.G.H. 1½ years Hobbies: skiing, music, "the beach" Future plans: unknown

Growing Pains







New Elevator Shaft

Outside

The East Wing of our hospital is quiet no longer! Sounds of progress have disrupted its former serene atmosphere.

Mr. Rogers, our Assistant Administrator, was kind enough to show me the blueprints and explain the functions of our two new floors. First — (I know you are waiting, Mrs. Sawatsky) — I'll give you a report on our new Obstetrical ward. Our present floor will not be too drastically changed. The area in which our delivery rooms and labour rooms are now located will be remodelled to give us new four-bed wards and an isolation room for post-partum patients. The nursery will remain the same, which is rather puzzling, since the total increase of beds on the entire floor will be twenty-five. Where will they put the babies of all these extra patients? Obviously something will have to be done and Mr. Rogers did hint that renovation of the nursery would be a separate project undertaken at a later date.

The eastern extension of this floor will concern itself with ante-partum patients. It will be completely separate from the Main section. Besides three delivery rooms, one of which proposes to be an emergency delivery room, and eight labour rooms there will be doctors' and nurses' locker rooms, an Admission room, a doctors' rest room and Utility rooms.

Fourth East will be a medical-surgical ward with a total of thirty-five beds. It is planned on a similar design to Second East, but having five four-bed wards which are greatly needed.

Fourth Main will provide us with three more operating rooms, bringing the total to seven. One of the new operating rooms will be for General Major Surgery, the second, for Orthopedic Surgery, and the remaining one for Eye Surgery and examination. The Recovery Room will be relocated and will boast nine beds as compared to the five now there. The Central Supply Room will be enlarged to include the area taken by the present Recovery Room.

The construction company has set their completion date as June, 1961. All that is left now is to sit tight until is is completed and hope there are no more changes in the plans!

Our Doctors



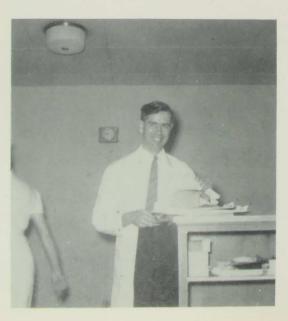


- A neurotic is one who builds castles in the air,
- A psychotic is one who lives in them and
- A psychiatrist is one who collects the rent.

Excerpts from a Salesman's Diary (Comments made when receiving yearbook)

- Young Dr.: My, my, there are some mighty revealing pictures in this book.
- Forgetful Dr.: You mean I finally paid for this; I don't remember.
- Poor Dr.: I hope I've paid, because I couldn't even buy peanuts if I were starving!
- Honest Dr.: But I tell you I've already got mine!









ORTHOPAEDIC STAFF Dear Dr.: They tell me I have a "disc". Now does that mean I can make voice recordings?

GYNECOLOGICAL STAFF Dear Dr.: Is a sterilization removal of the Fallopian tubes and boiling them 10 minutes?





UROLOGY STAFF

Dear Dr.: I was told about my cystitis, but my sister doesn't even drink!

SURGICAL STAFF

Dear Dr.: I'm in the army now and I was told I was to have a major operation. Can you explain this when I'm only a private?







THE NURSE'S PRAYER

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Because the day that stretches out for me Is full of busy hours, I come to Thee, To ask Thee Lord that Thou will see me through The many things that I may have to do.

Help me to sense when pain must have relief, Help me to bear with those borne down by grief, Help me to take to every patient's room The Light of Life to brighten up the gloom.

Help me to bring to every soul in fear, The sure and steadfast thought that Thou are near. Help me to live throughout this live-long day As one who loves Thee well, dear Lord, I pray.

And when the day is done and evening stars Shine through the dark above the sunset bars, When weary quite, I turn to seek my rest, Lord, may I truly know I've done my best.

GRADUATION

School of Nursing Metropolitan General Hospital

Saturday, June 10th at 2 p.m. E.S.T.

AT

THE CLEARY AUDITORIUM AND MEMORIAL CONVENTION HALL

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WELCOME			
CITY OF WINDSOR			
CONFERRING OF PINS AND DIPLOMAS			
Presentation of Class	•		
Conferring of Pins			
Conferring of Diplomas (Case Gift of Women's Auxiliary)		• •	
Special Gift by the Evening Auxiliary .	! • 1	•	
AWARDS			
MEDICAL STAFF			
1st General Proficiency in Theory and Practice			Miss Ba
EVENING AUXILIARY		•	-
2nd General Proficiency in Theory and Practice			Miss P
3rd General Proficiency in Theory and Practice	• 1	•	Miss Ro
Student Association Responsibility combined with high standing in nursing practice			Miss Ka
SENIOR MARY GRANT SOCIETY			
Ada Lackner Scholarship for Proficiency			Miss Fr
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Programme

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			Mr. Robert Buckner
	. 1		Father T. P. Mooney Most Precious Blood Church
•		•	Mr. W. T. Grant Chairman, Board of Governors
		•	His Worship Mayor Michael Patrick
			. Miss Ruby Thompson, Reg. N. Director, Nursing Service
	•	Miss	Kathleen Moderwell, B.Sc., Reg. N. Director, School of Nursing
			Mrs. G. H. Shepherd
			President, Women's Auxiliary
	•		Mrs. L. B. Menard President, Evening Auxiliary
		•	Presentation by Dr. D. J. Broadwell Chief of Medical Staff
s Barbara	Reid		
•	•	·	Presentation by Mrs. E. K. Turner Student Advisor—Evening Auxiliary
ss Patricia	Dafoe		
ss Rosetta	Brown		
ss Karen (Getty		
			Presentation by Mrs. F. Dowell
ss Frances	Corbett		President, Senior Mary Grant Society
	1		Miss Helen G. McArthur, Reg. N. National Director, Nursing Services The Canadian Red Cross Society
16-07			Miss Janet McDonald

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E QUEEN

· · · · School of Nursing Alumnae

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Janet Florence Archambault Windsor, Ontario Favorites: baby-sitting, O.R. knitting—"Do you grow your own wool?"



Sandra Batterson Windsor, Ontario Favorites: long evening gowns, rainbows —How normal is Normal Saline?



Karen Miriam Booth Riverside, Ontario Favorites: cashmere sweaters, matching outfits — How is First Main?

> This page is kindly sponsored by Mrs. Gray.

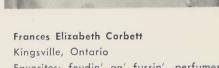


Vera Rosetta Brown LaSalle, Ontario Favorites: symptoms, administration—Just what colour is that "coupe"?

Tamara Jo Anne Cohoon

1961

Windsor, Ontario Favorites: W.H.O., Assumption U., our analyst.



Favorites: feudin' an' fussin', perfumes-A valiant character (red, that is!)

Patricia Joyce Dafoe Melfort, Saskatchewan Favorites: trombones, coffee, flirting with an undertaker.





Gail (Cummings) Monck Leamington, Ontario Favorites: hand lotions, perfumes — A housekeeper for a monk!

29





Linda-Lee Falstrem Parry Sound, Ontario Favorites: knitting, cuban heels — Don't you ever get tired of working 4-12?



Elsa Amanda Forsander Windsor, Ontario Favorites: coffee, coffee, coffee — A caffeine addict.



Helen May Gazo Riverside, Ontario Favorites: Blonde men with black eyebrows — a Johnny Mathis addict.



Karen Ruth Getty Wheatley, Ontario Favorites: Pediatrics, ballet—The Toronto-Dominion Bank's No. 1 fan.



Susan (Goodwin) Vorobel Windsor, Ontario Favorites: art, weddings — Is it really the sun?



Deanna Sandra Grey Morpeth, Ontario Favorites: a white Corvette and a Yankee — Who always rips the cryptoquotes out of the newspaper?



Mary Louise Haslam Ridgetown, Ontario Favorites: sewing and infringements — Do you really like the colour ''grey''?



Lana Kotovich Windsor, Ontario Favorites: Mexico, public health — Do you have reservations at the Bel-Aire?

Graduates



Mary Margaret Mates Harrow, Ontario Favorites: jig-saw puzzles, early to bed— And who do you know at Assumption?



Janet Muriel McDonald Leamington, Ontario Favorites: ukuleles, fruit farms — Do you always get your words mixed up?



Elizabeth Joan McLean Windsor, Ontario Favorites: poker, sleeping, an addiction for a certain drug (salesman).



Constance Gail Naylor Cameron, Ontario Favorites: hairdos and clothes — A collection of unmentionables.



Delores Geraldine Newman Windsor, Ontario Favorites: bowling, beaches — You're not going to Toronto again?



Marilyn Betty Pyne Lockeport, Nova Scotia Favorites: vacations, milkmen — A constant yearn for rice and curry.



Barbara Jean Reid Windsor, Ontario Favorites: little cars, bargains — What is so lovely as a fall day at Western U.?



Pearl Eva Shnovsky Winnipeg, Manitoba Favorites: food and men — Who could ask for better interests?

Graduates



Marilyn Jean Talbot Windsor, Ontario Favorites: books, pianos — Oh for one hour lunches again!



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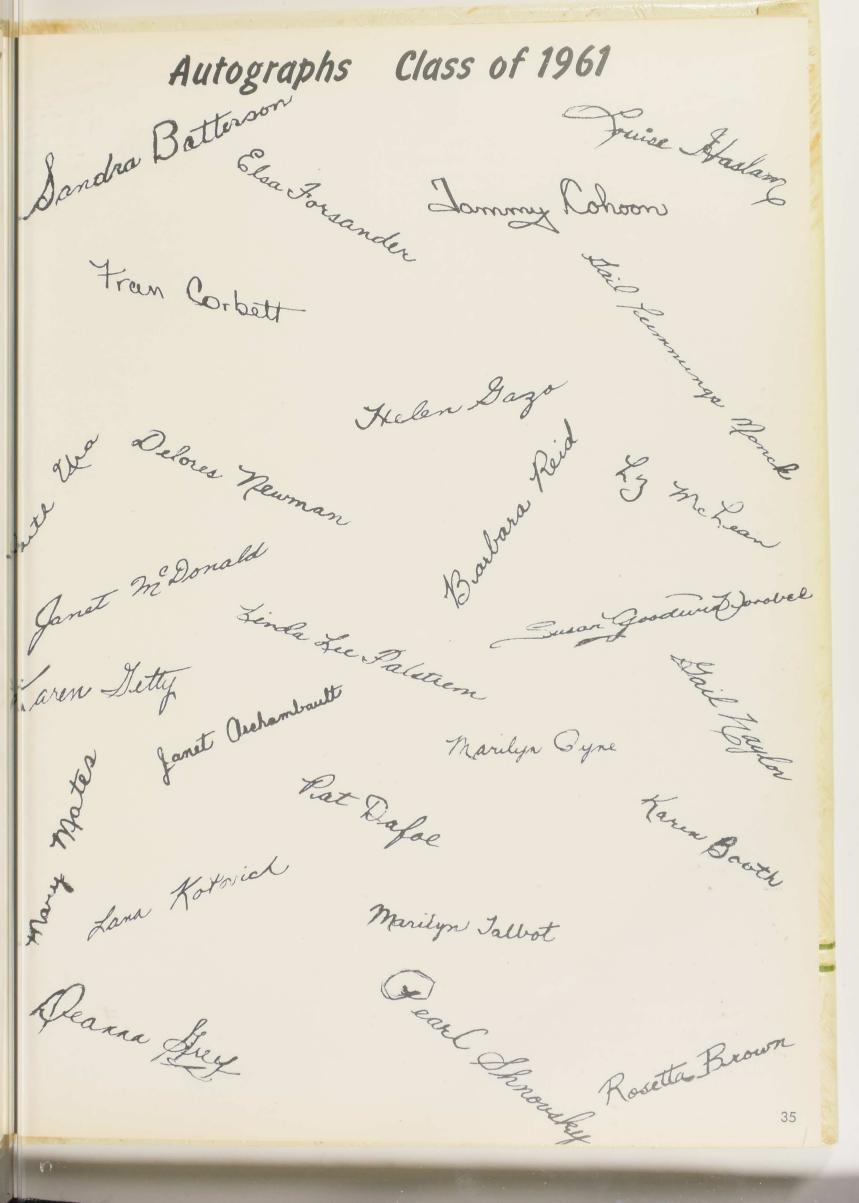
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Ruth Kumiko Ura Leamington, Ontario Favorites: music, dancing — Anyone know of a good Japanese cook?

We do not ask for great wealth, instead we offer a prayer found on the wall of an inn in Lancashire, England.

"Give us, Lord, a bit of sun,

A bit of work, an' a bit o' fun; Give us all, in the struggle and splutter, Our daily bread an' a bit o' butter; Give us, too, a bit of song And a tale, and a book to help us along, Give us, Lord, a chance to be Our gradely best, brave, wise an' free, Our gradely best for ourselves an' others 'Till all men learn to live as brothers."



The Valedictory Address

Three years ago when we entered this School to become professional nurses, I didn't think that any of us knew just what to expect. We mounted the front stairs of the residence with the image of a nurse in our minds. A nurse in a crisp white uniform, with confident appearance, who did nothing more strenuous than to sooth the fevered brows.

How disillusioned we were! We did not know that in the three years ahead, there would be days of such complete frustration that we would long for home and the feeling of security we always found there; days when the anxieties and disappointments of our new life would seem almost overwhelming.

Perhaps the image of our nurse first started to fade when we found that we wore black shoes, stockings far from white, and all the interns were married. Perhaps it faded still further when we realized there were examinations to write, projects and assignments to complete, and so much to learn.

As Junior students, we spent many hours in the classroom, studying microbiology, psychology, pharmacology, anatomy and physiology and many other subjects. Most of these were foreign to us, each having a language of its own, which in some way we must learn to speak fluently.

Gradually we were introduced to the hospital, and its most important person, the patient, whom each of us proudly referred to as "my patient". With careful guidance and instruction, we learned to recognize and care for, the physical, spiritual, and emotional needs of the patient. We followed the progress of our patients throughout their stay in the hospital, observed their personalities and needs, in order to better understand their mental and physical reaction to their illnesses. We learned to accept responsibilities in dealing with medications and treatments. It was soon very apparent that behind these hands that wanted so much to be skillful, there would have to be sound knowledge and common sense.

Yes, one day we began to understand and all of the subjects began to link together to form our picture. With eager enthusiasm and growing interest we could see the great field of nursing opening to us. The high school girl was left far back in the past. We were nurses.

With medical-surgical nursing as a solid foundation, we proceeded to the specialized fields.

Pediatrics, where you can hear the chuckling laughter of children at play on the ward. Obstetrics, wherein the delivery room, we often ran a close race with the stork, but always thrilled over the miracle of new life. We learned to work under greater tension than ever before in the Operating Room. On the Psychiatric Ward we gained deeper insight into the nurse-patient relationship with the mentally ill. We helped these patients to meet problems of both past and present, and we saw them return to their place in the community, better able to adjust to the complexities of daily life. Our field work included visits with the Public Health Nurses and we learned that nursing is not kept within the hospital walls. Also we will never forget our visits to the local Nursery Schools or the crippled children at the Red Cross.

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Our third year, our final year, our most challenging year. At last we wear white shoes and white stockings. In our capping ceremony, Miss Thompson, the Director of Nursing Service of the Hospital, placed our new white caps on our heads, symbolizing and accepting us in nursing service. We lit our candles from Miss Moderwell's symbolizing the knowledge we had received in our first two years, and lighting the way in our interning year. Again we worked in the specialized fields, as well as the Medical-Surgical floors. We found added responsibility and new knowledge while working evening and night duty and during our experience as Team Leader and Assistant Head Nurse. We were seeing something of the obligations and more important, the privileges and opportunities of being a professional nurse.

With this graduation ceremony, we find that our three years are drawing to a close — the three years upon which our futures will depend. We left the security of a home and family to open the doors to a new home, the doors to a new realm of knowledge, a new world of people and a new way of life. Three years ago, we left a great deal behind us. Now we see that through this loss we have gained a great deal. Soon we will be leaving again, leaving with more than our luggage to carry. With us we will carry the memories of the songs we used to sing between classes and the surprise birthday parties we had for one another, when one of us would save a cupcake or a muffin from dinner, put one candle in the top and this was our cake, the card games that went on into the small hours of the night, or the many times we would gather together in someone's room and just talked. These are the things we will never forget.

Among our memories will be those who have helped us so much. Without the many people who have given us strength and courage to go on, when we needed it most, I think we would have a much smaller graduating class today. Our parents have helped us so much. You were always ready to listen us and offer willingly guidance that meant so ch. How we looked forward to the days we had h our parents. I think that most of us didn't realize t how much home meant to us until we left it. w we realize what a sacrifice you have made for even from the time we were born. During these ee years, we have seen at close range, the depth a father's and mother's love.

We thank the hospital staff and doctors. Without our understanding and co-operation it would have en impossible to receive the education we have lay. We thank you for the many times that you ould pause from your work to explain to us just hat you were doing and why.

It is to our patients too, that we owe so much. We inted to make you feel more comfortable in your w and strange surroundings but it was often you to, not only by word, but without realizing it, gave support.

Also we humbly thank God. In the book of Exodus is written, "My Presence shall go with thee and vill give thee rest." We could always turn to God ten we needed strength, courage and faith. He as always there to listen, and to answer.

Finally, our instructors and the Directors of the arsing School. You have always opened your office ors to us, and often I think your hearts. Thank you - always listening to our problems, whether they (d to do with the hospital, our studies, or someing personal. We hope that Miss Moderwell and e instructors can give to the students who will folw us, the same guidance and courage they have ven us.

To our Junior students, the graduating class of 63. We watched you enter our School looking as ger and just as apprehensive as we did. Soon,

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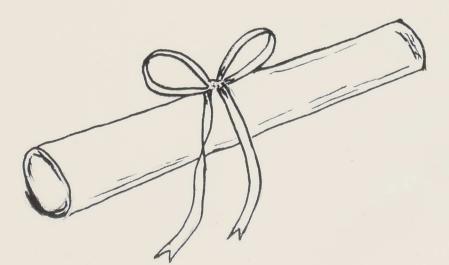
you found too, that you had a home away from home. We are glad that in our home we have no class distinction and that you felt free to come to us and sometimes bring your problems with you. May you continue to enjoy the work that has already become such a large part of you.

The Intermediates — with our graduation, you have advanced a step nearer your goal. This is the last graduation you will be watching. Next year you will be taking your place on the stage. We wish you satisfaction and happiness in the years ahead.

My classmates — today we are graduate nurses. How we have waited for this day! How many times have we wondered what thought would be in our minds as we mounted this platform? Mixed with joy we find regret at leaving our student days and one another. We have been so close — closer than classmates, closer than friends. Not only have we worked and played, laughed and cried together, but we have grown up together and that makes us more like sisters.

Today, we see the image of our nurse again. We are wearing crisp white uniforms, we feel confident. The image however, is more in focus now and we see that we can do much more than soothe the fevered brows. Today, we know how to be patient, skillful and efficient. We have gained the knowledge that will enable us to keep up with the complex and changing world we live in and to better understand the complicated people in it. We have become professional nurses. Now, with the lessons of the past, and the challenge of this Graduation Day, we will face the reality of the future with confidence, for it promises growth, great satisfaction and widening opportunities for enjoyment of life and for service to mankind.

JANET MacDONALD







We must look our best today.



Putting the cuff-links in our white uniform.



Last minute touches.



Gathering in the Grey Room before the bus arrives. Nervous? — Not much!!!!!



At the Cleary Auditorium.



Day 1961



e, the guest speaker offers advice to two of the award-winning duates. From left, Miss Helen G. McArthur, R.N., of Toronto, fional director of nursing services for the Canadian Red Cross fiety, guest speaker; Miss Patricia Dafoe, Melfort, Sask., and Miss bara Reid, of Windsor.

This year's graduates and their parents were entertained at tea by the Women's Auxiliary of the hospital, following the convocation, at Cleary Auditorium. Here, Mrs. M. A. Lever, wife of the president of the Essex County Medical Association, pours tea for, from the left, Mr. and Mrs. Lyle Talbot and their daughter, Marilyn, a graduate.

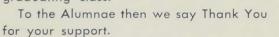
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The Alumnae

ALUMNAE ASSOCIATION

The Alumnae Association is an important part of any School of Nursing. Our Alumnae, though young and small in numbers yet, is an active organization. During the year they meet once a month at a member's home or at the residence. At Christmas they spend one meeting making and filling stockings for the Children's Aid Society. They are also responsible for the Annual Metro Ball, which is attended by a great many of the hospital staff and doctors. In the spring a card party is held to raise funds.

Each year the Alumnae take part in the Graduation activities. They usher at the Graduation Ceremonies and treat the members of the Graduating Class to dinner and the evening at the Elmwood Casino where they present each graduate with a tiny replica of the school pin. This year they flew in our former director, Miss Colquhoun, as our speaker. With an increasing membership they hope to soon be able to offer a scholarship to one of the graduating class.



Signing the Guest Book at the Elmwood.

WHO'S WHERE - CLASS OF '60

- D. (Baston) Foxall M.G.H. (expecting)
- C. (Morrice) Stewart Kingsville (expecting) J. (Curley) Plancke Winnipeg
- A. Nakashima British Columbia
- S. Morin M.G.H.
- G. McLean M.G.H.
- L. Holmes M.G.H.
- C. (Teron) Viterello M.G.H. (expecting)
- E. (Bateman) Moore Windsor (expecting)
- J. Van Rooyen M.G.H.
- K. (Shanks) Bone M.G.H. (expecting)
- D. Laporte M.G.H.
- G. (Heath) Daniels M.G.H.
- M. (Krause) Shillington Toronto

- P. (Dobson) Pacuta M.G.H.
- R. (France) Williams M.G.H.
- P. (Vane) Queen M.G.H.
- E. Scratch M.G.H.
- J. (McNeil) Lester M.G.H.
- A. (Stipsky) Rublik Sarnia
- N. (Ferris) Mitchell London Victoria (expecting)
- P. Duquette M.G.H.
- C. (Stevens) Solosky Toronto
- U. Yaworsky M.G.H.
- J. (Hulbert) Adams Mount Forest

Our Last Fling

This is a song that was created by a group of Seniors. Each year the Seniors give a party for the Intermediates and Juniors, the last party of the year. This song was written for this party called "Our Last Fling". It is sung to the tune of "Anchors Aweigh".

1

This was our last fling, Hope you enjoyed everything, You . . . we can ne'er forget Because you are a part of Met . . . Memories, we'll cherish long The good with the wrong. M. G. H. . . Alma Mater . . . To teachers, we were such a bother.

11

Remember the date, September 8, 1958 Got our blues, and granny shoes, Brand new nurses, empty purses, Classes dragged on and on . . . Seemed so awful long . . . Thought we'd never see a ward, GOSH, we got so terribly bored.

111

Then, finally, came the day Aprons and bibs arrayed, Third West is my domain, I got stuck on First Main. Bed baths and back rubs, Wish they had some tubs, It wouldn't be so bad, If on Second Main they had . . . Hot water in the taps Utility rooms with maps, But Second East's another story . . . Johns in every room, what glory!

IV

Third West, you'll find Louise, Carting bed pans, with such ease, She is our bed-pan queen, In this field, she's not green. On to our second year, Now lend an ear, Got a badge on our shoulder, Only means we're getting older.

5

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People would stop and stare, Our uniforms seemed so rare, While on way to Field Work, Red Cross, Clinic, and Nursery School, Back to our own home, No more to roam, OB — brand new babies, Heat lamps, sitz baths, lots of ladies.

VI

O.R. is quite a place . . .
If you like their race,
Wear ear plugs or you'll hear . . .
Three's your room, she wants you in Two so scrub in One.
On to Recovery Room . . .
Pulse, B.P.'s . . . boom . . . boom
Your ears got very sore,
By the time it's quarter to four.
Your ears will never cure
On Children's, that's for sure . . .
Changing diapers, feeding babies,
Oh, to be back with the ladies!

VII

On to the morgue, we pace, Pretty quiet place, Ideal spot for a rest . . . Ours is the very best. Capped with the glory of white Means we've had to fight Only three more months to go . . . My, but time is going slow.

VIII

Soon, we'll say Good-Bye, To all we hold so high, Residence, with all its glories . . . Card playing . . . crazy stories, Thanks and Farewell to Met . . . You, we can never forget.



The Class of '61 in '59

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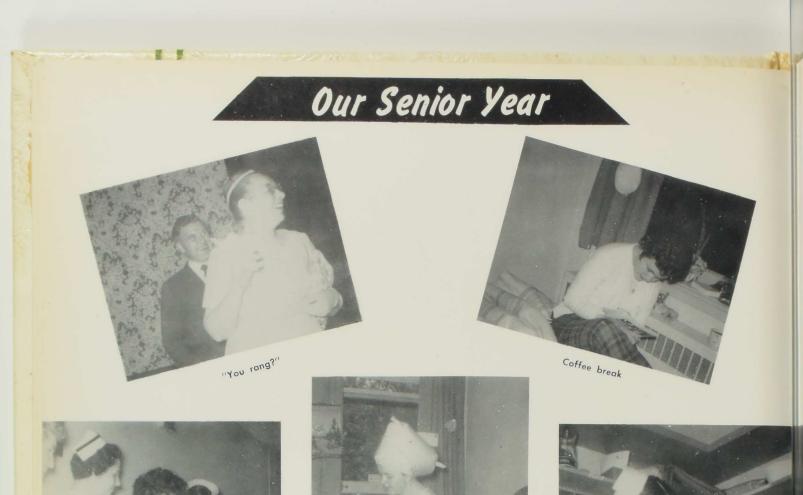
CAPPING 1961

I said to a man who stood at the gate of the year, "Give me a light that I may tread safely into the unknown," and he replied, "Go out into the darkness and put your hand into the hand of God — that shall be to you, better than a light and safer than a known way."

The lighted candle of learning, representing the completion of two years of integrated nursing education and nursing practice was presented to each member of the senior class by Miss Moderwell, Director of the School. This light of learning, discipline and knowledge will guide us throughout our lives. The white cap, placed on each senior student's head by Miss Thompson, Director of Nursing Services, represents the beginning of formal nursing internship.

The Rev. Mr. Wishart pronounced the blessings and a reception followed the ceremonies.







Morning Report



Preparing for take-off



Team Leader at work



"Now here's the thing-a-ma-jig that . . ."

алимикаливные полоторизация и полотория и полотория и полотория и полотория и полотория и полотория и полотория



"Oh look!"



"Hello there"



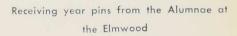






Lady with the lamp

Stepping out





"Anyone for pizza?"



Being measured for our Graduation uniforms



Operating Scene - Our Last Fling



Intermediates

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FRONT ROW. H. Weary, B. Leonard, C. Durocher, J. Cantin, R. McPhail, B. Doidge, D. Noble. CENTRE ROW: S. Backer, C. Baker, J. Langlois, N. Jackson, V. Dzvirka, E. Lewsaw, M. Travis, B. Dumouchelle. BACK ROW: J. Harrison, C. Crawford, B. Lee, G. Tripp, D. Burke, C. Brundage, E. Livingstone, J. Zimmerman, E. McKnight, N. McDonald. ABSENT: J. Taylor, P. Goodison.

For the Best Movies

Anchors Aweigh – starring D. Burke, M. Travis, and E. Lewsaw
Operation Oleksiuk – starring G. Tripp
The Flower Thieves – starring S. Backer, R. McPhail, J. Zimmerman
Separate Tables (at Guiseppe's) – starring J. Harrison, C. Baker
Dr. Fraser's Lament – starring C. Durocher
Where the Boys Are – starring L. McKnight, C. Crawford, C. Brundage
Campus Queen – starring B. Leonard
From Here to Maternity – starring D. Noble, H. Weary, J. Langlois, E. Livingstone, V. Dzvirka, J. Taylor

For the Best Songs

Off We Go Into the Wild Blue Yonder — B. Lee Call Me — B. Doidge A Certain Smile — P. Goodison A Diamond is a Girl's Best Friend — N. MacDonald I've Grown Accustomed to His Face — B. Dumouchelle Very Much In Love — N. Jackson

EAVESDROPPING ON THE INTERMEDIATES

. . . Now what are the needs of a **normal** five year old . . .

- Nora: "Sandy, shouldn't you pick up that child's cap from that mud puddle?"
- Sandy: "I can't . . . it's strapped too tightly under his chin."
- . . . Projects can be so interesting . . .
- Pat: "What did you talk about in your History of Nursing panel?"

Donna: "Nothing."

5

- Pat: "I know, but how did you express it this time?"
- . . . Heard while passing Room 238 the night before the test . . .
- "I know, we'll flip a coin . . . heads we play Bridge, tails we go to bed, and if it stands on edge, we study!"

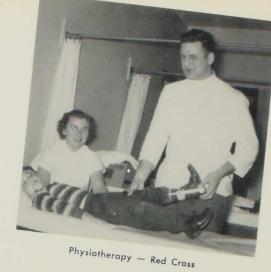
. . . Immunization??? . . .

Young man: "I'd like to kiss you."

- Mary Chase: "Sir, I have scruples, you know!" Young man: "That's O.K.! I've been vaccinated!"
- . . . It was Betty's first day on the Psychiatric Ward and she was worried about a patient who ran around continually, cackling like a chicken.
- "Can't you do something for him?" she asked Dr. Stratton. "Can't you cure him?"
- "Oh, yes," he replied, "I suppose we could, but we do need the eggs!"



"Just look at me!"





School - Red Cross

LOW CALORIE REDUCING DIET

n

е r m e d i a t e S

- (Note: All meals are to be eaten under a microscope to avoid extra portions. No substitutions allowed.)
- Monday: Breakfast week tea. Lunch one bouillon cube in ½ cup water. Supper - diluted water (gargle only).
- Tuesday: Breakfast scraped crumbs of burnt toast and one doughnut hole (without sugar). Lunch - two jelly fig skins. Supper - one glass dehydrated water.
- Wednesday: Breakfast ½ doz. poppy seeds. Lunch bees knees. Supper - mosquito knuckles salted in vinegar.
- Thursday: Breakfast one guppy fin. Lunch jelly fish vertebrae a-lamode. Supper - shredded egg shell skins.

Friday: Three eyes from Irish potatoes, sliced (one for each meal).

- Saturday: Breakfast four chopped banana seeds. Lunch one boiled butterfly liver. Supper - fillet of soft shell crab claw.
- Sunday: Breakfast pickled hummingbird tongue. Lunch aroma of empty custard pie. Dinner - prime ribs of tadpole and tossed paprika and clover leaf salad.

Dr. Eatwell



Lunch time



We're on our way.



 But I don't want to smile!

"Hi gang — It's me — Martin"



The Little Ones at the Red Cross



"Pardon me, your mask is down."

"WHO"

Who had trouble getting her patients to the bathroom on the Maternity Floor?

Who barged into the Dr.'s dressing room in the Operating Room, looking for Dr. Oleksiuk? (She found him!)

What Circulating Nurse handed the scrubbed doctor her bandage scissors when he meant a sterile pair?

Who calls a certain intern Panda Bear?

Who sat on the floor suddenly on First East during a Conference?







"A Beaming Mother"



No Emergencies Today



Under 5 pounds — Premature Nursery

"WHO"

Who swoons when Dr. Bell comes on the floor? Who did Dr. Echlin catch sewing up her hem in Emergency?

Who found herself talking to Mr. Buckner when she thought she had dialed the number of a Doctor's office?

Who gowned the doctor when he wasn't even scrubbed yet?

Who put the polywogs in Lysol - by mistake? Who gave Dr. Fraser a handful of lubricant? Who picked up dirty gloves and put them on a sterile delivery table?



A familiar scene on the Hospital lawn



"Another infringement!"



Auxiliary Christmas Party



"The Gang" - Hallowe'en

SOLITUDE

Laugh, and the world laughs with you; Weep and you weep alone; For this brave old earth must borrow its mirth, It has trouble enough of its own. Sing, and the hills will answer; Sigh, it is lost on the air; The echoes bound to a joyful sound, But shrink from voicing care.

Rejoice, and men will seek you; Grieve, and they turn and go: They want full measure of all your pleasure, But they do not want your woe. Be glad, and your friends are many; Be sad, and you lose them all. There are none to decline your nectared wine, But alone you must drink life's gall.



Siamese Twins among other things





Juniors

FRONT ROW: C. Wilkinson, M. Duffin, M. L. Philp, S. Firby, R. Duggan, L. Bobb, J. Bergman. CENTRE ROW: H. Niksich, P. Skelton, M. Bloomfield, R. Gall, L. St. Jacques, D. Pickford, D. Holton, M. Noble. BACK ROW: S. Toal, C. Burns, K. Nixon, R. Pevler, B. Shadd, P. Thompson, L. Farnham, P. Eltringham, M. A. Parchewski, E. Smith. ABSENT: J. Lewis.

Junior's Baby Book

ame: The Class of '63. x: The weaker sex??? eight: Varies per diet. eight: Giant and peanut. plour of Hair: Depends on the bottle used. plour of Eyes: Bloodshot. ate of Birth: Sept. 1961. st Heard Word: "Welcome dears. My name is Mrs Amlin and I am your Housemother." rst Step: Down the hall. -st Toys: Someone else's animal. arks of Identification: Just ordinary peoples. st Word: I'm scared! octor: Dr. Schulde. Jrse: Miss Benza (in tam and leotards). od Parents: Our blessed instructors. iry Godmothers: Few and far between. cord of Growth: By leaps and bounds.

Metropolitan General Hospital is pleased to an-

ounce the birth of a new class.

- vorite Foods: Pizza, French Fries, Cokes
- -st Outfit: This and that and black antiques.
- rst Bright Sayings: Do you go steady? Are you my room-mate? Which one is she?
- fficulties in Pronunciation: It's Pevler, not Pegler! ... convulsion of the brain, you say? ... Skelton, not Skeleton — ladies! My name is Niksich — spelled N-I-K-S-I-C-H!
- other's Notes 1960: What weird wonderful creatures! They look harmless enough, but time will tell.

Development:

- Discovers hands and feet: We needed extra for our treatments.
- Raises head: (1) Just before coffee break on lecture days. (2) To see the clock at 4 p.m.
- Kicks vigorously: When stretchers run over a corn!
- Reaches for objects: Whatever we get our hands on ... "Give me my mail!"
- Creeps: From 3 p.m. 4 p.m. unless interesting visitors are present on wards.

Stands alone: Not yet, but trying hard.

- First Outings: Nearest restaurant, park and Moderwell's office.
- First Hallowe'en: We shed our halos and donned our horns.

First Christmas: Who can forget Saint Moderwell?

Favorite Lines: "What is that?" . . . "I'll volunteer, if I don't have to do anything." . . . "Telephone"

- . . "Don't remove my laundry before it's dry."
 . . "Quiet Hour" . . . "Room Check".
- Aptitudes: frenching beds, redecorating unoccupied rooms, night-hawking, 7:29 arising, speedy note takers.
- Mother's Notes: (after First Year) Ha! I should have guessed.
- Illnesses: (1) Love. (2) The morning after the night before.
- First Love: Our uniforms. Pet Peeves: Infringements. Favorite Question: "Do you have a Nursing Care Study on . . .?"







A really rugged day!



Junio

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"I'm too shy!"



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"Don't look at me in that tone of voice!"



"Come on in, kids."



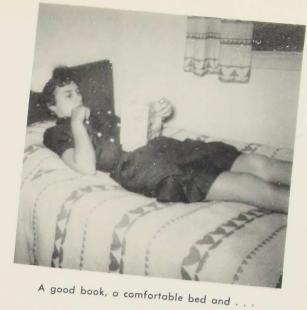
"I just get so lonesome at nights."



"Yes, I'm free Friday night."



The Minuet?



WHO-DONE-ITS

Who squirted the lubricant on Dr. Fry's pant leg instead of his glove? Who has trouble keeping bathblankets on young male patients?

Who asked Dr. Strathman if he would please move his "meat truck"? Who asked a patient what his name was and where he worked, then swallowed her humbug when he said he was Mr. Buckner, the Administrator of the hospital?

Who is the rightful owner of "Edward the Cat"?

Who seems to get herself put into little laundry baskets, and literally locked in the broom closets?

Who entered a certain room, missing the Isolation sign? I'll bet she felt contaminated all day!

What person knows personally that some people are born without gallbladders?



hink we should put up our hems?"

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"These are our long-awaited uniforms??"



A new doorstop.







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"Our Housemother"



"Our Cooks"

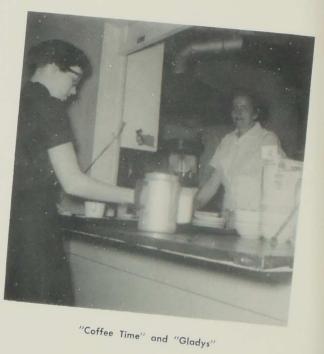


"The Housekeeping Staff"



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"Our Secretary"





"Mary"

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Our favorite pastime - sitting Hostess Duty





Monthly Mass Meeting - "Madame Chairman"





"Lunch Time"

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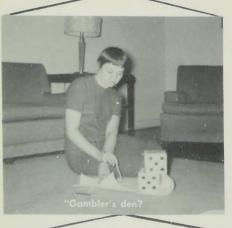


"Home Sweet Home"



Organizations







THE LAMPADIAN

The Lampadian is a part of every student nurse here at "Met". It is the governing body of the school. Not only does it set the standards of conduct and enforce them but it also tempers its authority by having dances and residence parties.

I say it is a part of each student nurse because each one has an equal vote in every event passed through this organization. They also are the ones who elect the officers to the Lampadian.

The offices of the Lampadian resemble very closely the governmental positions of any democratic country, having a President, Vice-President, Secretary, Treasurer and various heads of committees which perform the vital duties necessary for the upkeep and prosperity of this country. Without these people and without the support of the people for whom they function, nothing could be accomplished.

On behalf of the Lampadian '61 I wish to thank each and every student and instructor for their fine support and faith in each of our endeavours for without these we could not have enjoyed such a successful year.

TAMMY COHOON

10

LAMPADIAN EXECUTIVE

President: T. Cohoon; Secretary: J. Harrison; Vice-President: D. Burke; Treasurer: P. Eltringham; House Committee: L. Haslam; Social Committee: C. Baker; Finance Committee: C. Durocher; Bibs and Beanies: B. Reid; Metromatter: D. Grey. Class Presidents: Sr.: G. Cummings, Int.: R. McPhail, Jr.: P. Thompson.

HOUSE COMMITTEE

The House Committee provides the means of discipline which makes it possible for almost eighty girls to live together quite peacefully (most of the time). By means of their rules, system of infringements, penalties, etc., a system of self-discipline can exist in which the girls themselves are responsible for the kind of residence life they enjoy.

Head: L. Haslam; Ass'ts.: K. Getty, L. Kotovich; Int.: E. Livingstone, C. Crawford; Jr.: B. Shadd, L. St. Jacques.

SOCIAL COMMITTEE

The Social Committee too plays an important part in providing some of the fun of residence life. They plan and stage our monthly parties, dances to raise funds and our formal in February.

Head: C. Baker; Sr.: P. Dafoe, J. MacDonald; Int.: C. Brundage, J. Cantin; Jr.: M. Bloomfield.

FINANCE COMMITTEE

Last, but not least, our Finance Committee collects and manages our funds which provide money for sending student representatives to such functions as the R.N.A.O. Annual Convention held in Toronto this April.

Head: C. Durocher; Treasurer: P. Eltringham.

Bibs and Beanies



Editor — B. Reid





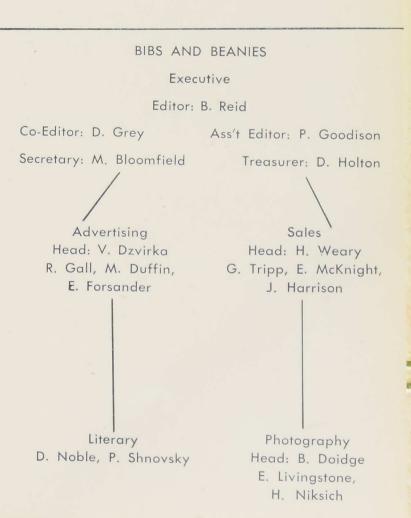
Co-Editor - D. Grey

Ass't. Editor - P. Goodison

The Editors of Bibs and Beanies 1961 would like to thank a host of people for their interest, support and co-operation. The Yearbook staff, our advisor, Miss Bocking, the faculty, the students, staff and doctors, our patrons and advertisers, the Windsor Daily Star and many, many others have all played a part in the production of this book. To all of you we express our deep appreciation for a job well done.



Back Row: H. Weary, B. Doidge, M. Bloomfield. Front Row: D. Holton, D. Noble, V. Dzvirka.



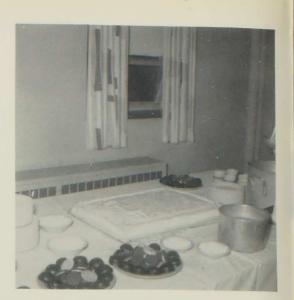


.....

"Hail! Hail! The gang's all here - "



Homecoming



1

Cake — Our Last Fling

ODE TO NURSES

When I am ill, in need of human aid Whose gentle hands upon my head are laid— Whose radiant smiles light up the weary day— Whose lovely eyes chase aches and pains away— Nurses!

But when I am well, maybe a buck or two to blow, Thinking of all the lovely gals I've come to know. Who doesn't know that I exist Unloved, unwanted, and unkissed— Nurses! Curses!



"This Midnight Shift"

The best place to look for a helping hand is at the end of your arm.

The patient who shook his head gingerly, and slowly regained consciousness, "Well Doc," he said weakly to the face bending over him, "Was the operation a success?"

"Sorry, son," was the gentle answer, "but I'm St. Peter!"



"Somebody sit on this, eh!"



Come in, boys, come in and welcome!"



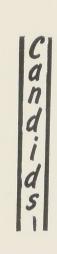
Let's put some light on the subject"



"Where did you say you were from?"



Madame president and friend.





"At last, I've found my wig!"



"Surprise, Miss Bocking"



At the Metropole



"He won't smile"



Our Christmas Party



Familiar sight — the C.N.I.B. Canteen



"As I was saying, Millie . . ."

A HORRIBLE DEED

He sits alone in a darkened room, Alone in the fading light. Why is his brow so heavy with gloom And his cheek so deadly white? But though his heart is sick with care His courage never blenches, His eyes are fixed in a glassy stare, What is it his firm hand clenches? "A little courage!" he murmurs, "Yes a little and all is won," A choking gurgle, more or less, A gasp, and the deed is done. Without a shudder or eyelid wink-Ah, it makes the heart recoil-That he so truly, calmly, Drank a dose of Castor Oil!

There is so much good in the worst of us, And so much bad in the best of us, That it ill behooves any one of us, To find any fault with the rest of us.



30

"Hold still"

DEFINITIONS

Confusion - one woman plus one left turn.

Excitement - two women plus one secret.

Bedlam - three women plus one bargain.

Chaos - four women plus one luncheon check.

The difference between amnesia and magnesia – the fellow with amnesia can't remember where he is going.

Lectures are like steer horns -a point here, a point there, and a lot of bull in between.

Student Nurses: They are the folks around the hospital who do the There is so much good in the worst of us, most work, get the least thanks, grumble the most, and have the best And so much bad in the best of us, time.



One day in class I overheard this exchange between a student and her pal sitting in front of her: "Can you see all right?"

- "Yes." "Are you in a draft?"
- "No."

"Does the girl in back of you have her feet on your chair?"

"No."

"Mind trading places?"



"Getting ready for hibernation?"

"It just can't be time to go to work - "

Patrons

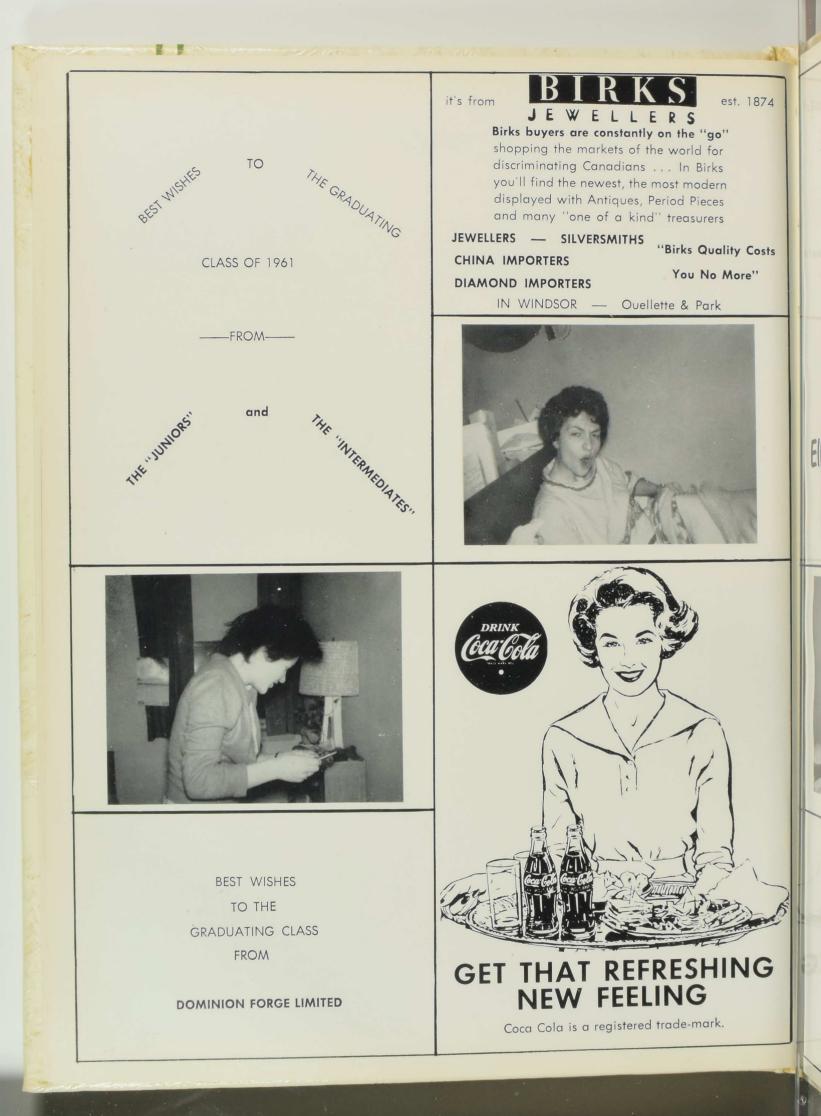
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Adam and Eve?????



"Anything you can do I can do better"



- SUPERIOR STYLING
 - SKILLED WORKMANSHIP
 - WEAR PROVEN FABRICS

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FROM THE

ALUMNAE ASSOCIATION

Niagara



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89 University West



CL 3-6874

TROTT'S SHOES LIMITED

352 Ouellette Avenue

WINDSOR, ONTARIO



I - **I** - -----

"You called me?"



1

"Look what I won, Mommy."



Paris?











COMPLIMENTS

OF

MAYOR MICHAEL PATRICK

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Yanamoto Studio

PORTRAITS

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PASSPORT

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WEDDINGS

CHILDREN'S

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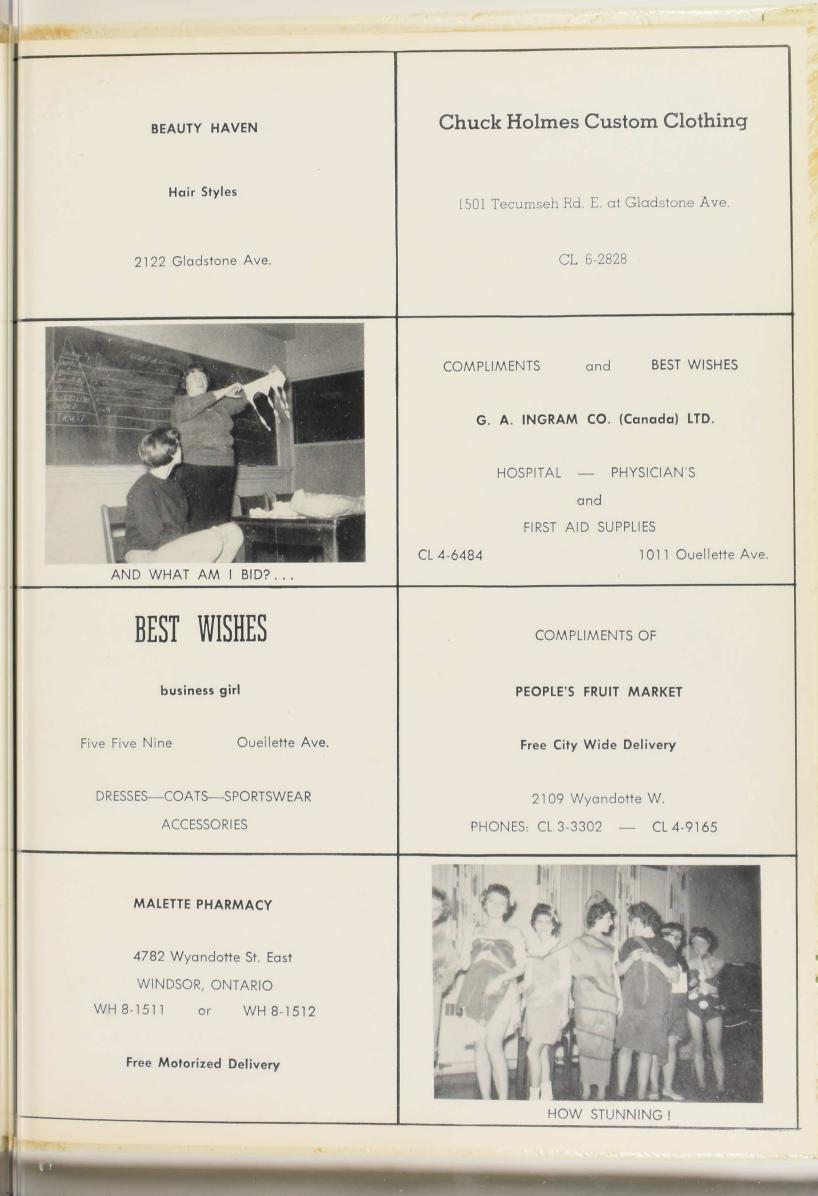
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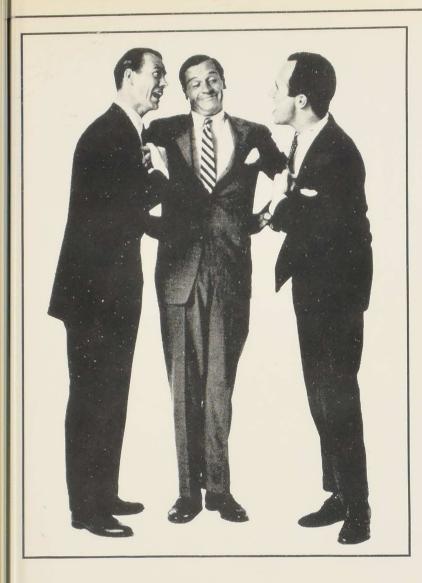
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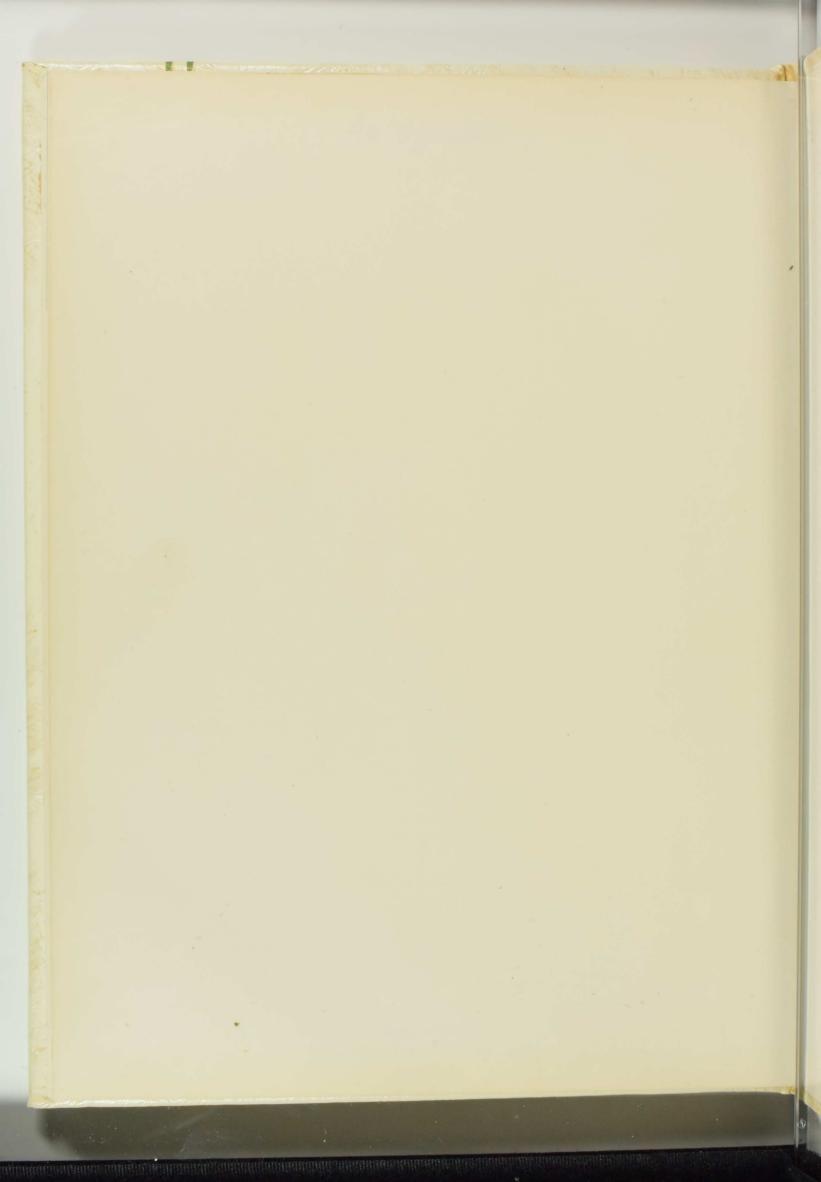
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