

BIBS and BEANIES

1959

**School of Nursing
Metropolitan General Hospital**

THE THIRD ANNUAL

BIBS AND BEANIES

IS DEDICATED TO

Miss Dorothy Colquhoun

SCHOOL OF NURSING

METROPOLITAN GENERAL HOSPITAL

WINDSOR, ONTARIO

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Best of Luck to the
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The graduate leaving our school will take with her the school pin to wear as a symbol of her purpose in life as a nurse. The central figure on the pin is Hygieia, Greek goddess of health, with the serpent of wisdom entwined about her neck and arm signifying the application of wisdom and knowledge to the promotion of health.

The words SALUS HOMINIBUS, in literal translation "health and well-being for all men," suggest a wealth of meaning. Included is a concern for all matters leading to the betterment of mankind with particular emphasis on the nurse's field of the healing art which serves all, regardless of race, creed, or economic and social status.

The Metropolitan Cap and Uniform

by Dorothy R. Colquhoun

In creating a uniform for a nursing school, attention must be given to aesthetics, practicality, and nursing tradition. At the same time the attitudes, feelings and experiences of the deciding group exert a considerable influence.

The phrase "neat but not gaudy" best describes the underlying idea in designing the uniform for the Metropolitan Hospital School. We wanted a trim workmanlike job that would be suitable for community visits, without attracting undue attention, as well as practical for hospital duty. The military background of one of the group no doubt prompted the selection of the upstanding collar somewhat reminiscent of the red "monkey suit" collar of the nursing sisters of the First World War, and the choice of the two marching rows of buttons on the bodice of the uniform. These buttons also serve the useful purpose of attaching the bib and apron to the dress.

The bib and apron are strictly utilitarian in style and concept and are worn only for patient care. Originally bibs and aprons were simply for dress protection. This is still the case in the army nursing corps, in visiting nurse associations, and in much of Britain and continental Europe. In North American nursing schools early in this century bibs and aprons ceased to have a protective function and became an essential part of the uniform—the dress underneath, held together by safety pins, could never bear exposure to the public gaze. Memories of student days when one had to eat meals in a bib and apron only recently in contact with distasteful material prompted the adoption for the Metropolitan uniform of the bib and apron as a protective device, insisting on its removal away from the ward to provide an outfit in which meals could be eaten without psychological discomfort. It is interesting to note that this fastidiousness is not shared. To a woman, our students shed their bibs and aprons upon graduation and never use them again.

Choice of colour was considered from various angles. We decided against white for students feeling that the donning of a white uniform upon graduation is a symbol of achievement much more noticeable than the diploma (put away and rarely seen) or the school pin (relatively small and not immediately apparent except to initiated). We did not wish to duplicate a colour already in use in the hospital and we wanted one which would provide an attractive background for the largest number of young women regardless of their own colouring. We also looked for a colour which would be different from the two schools in the city. When all these factors were weighed navy blue seemed to be the most satisfactory answer.

Consideration for community visits was the largest single factor in the design for the cap. In the field of public health nursing a more relaxed approach is sought than that signified by the stiff white starched effect of the hospital nurses' cap; but the tradition of a lady not appearing in public in the day time without a hat also remains with us. In previous nursing schools we had met with the difficulty experienced by students in finding a plain felt hat to wear when going into the community in an official capacity. These considerations prompted us to fabricate a cap which would have a dual role. In surveying the historical nursing scene we noted that Jeanne Mance, the pioneer Canadian nurse, was always shown wearing a skull cap. This seemed to be the solution—the Jeanne Mance skull cap (or beanie to use the present colloquialism) could be suitably worn outside the hospital, and, with a white turnback cuff attached, a cap not unlike the traditional nurses' headdress would be achieved. Having the skull cap in navy blue provided a uniform effect with the navy blue dress. Since no community visiting is done in the third year an all-white version of the school cap was adopted for wear during this time and as the graduate cap.

We had not originally planned to have any distinction between the different student years, wishing to discourage the idea of rank and maintaining that the difference between a first, second and third year student is one of increased skill and knowledge which should show in performance. However, students themselves expressed a strong desire to have some distinguishing mark and the following scheme was evolved: students going into their second year wear on their left sleeve a badge with the school motto and insignia in the school colours of gold and white; students going into their third year wear the all white cap and white shoes and stockings.

A black band is not worn on the graduate cap since no significant justification could be found for it in the general history of nursing. It would appear that some schools adopted this method of distinguishing different training years and it was carried over to the graduate cap, or in earlier days when all nurses wore grey drab the black band may have been one means of distinguishing the graduate, but this practice is by no means universal either in Canada or elsewhere. Where a cap has a wide turnback cuff its appearance is improved by a black band but this is not so with our relatively narrow cuff. The first director of the Metropolitan Hospital School of Nursing came from a city which is inordinately proud of two schools that have pioneered in Canadian nursing. Neither of these schools wear black bands.

Thus military and public health influences, the early history of Canadian nursing and personal experiences have all combined to produce the distinctive cap and uniform of the Metropolitan General Hospital School of Nursing.

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HISTORY OF THE SCHOOL

The School registered its first class on September 7, 1954, and held its first graduation exercises on June 15, 1957. Although the hospital had been founded in 1929 it had not previously had its own nursing school. The school building, opened in 1948, housed until 1952 the Metropolitan School of Nursing, a demonstration school conducted by the Canadian Nurses' Association, which was discontinued at the end of its experimental period.

Aided by Dominion and Provincial grants the new hospital school was planned on the newer pattern of nursing education already in operation at the Toronto Western Hospital. Unlike the traditional hospital nursing school, which is organized as a part of nursing service, with the hospital depending on the students for staffing throughout their three year program, the new school is organized as a separate department of the hospital with its own director. For the first two years of the student program hospital nursing service does not rely upon students for service, therefore all student experience can be arranged for its educational value. This provides much greater opportunity for patient-centred care and student-centred learning. Relieved of the pressures of hospital service the student has more time for study, for reflective thinking, for recreation, and much greater emphasis can be placed on experience in the wards as a situation for learning the highest quality of nursing care. Relieved too, of long periods of night duty, more opportunity is given for instructor guidance of students, and for normal community living.

At the end of the second year of the program the student, having completed her basic undergraduate work and passed her school examinations, assumes responsibilities as staff nurse in the hospital nursing service. This third year experience, still under school guidance, augments and consolidates the learnings of the first two years.

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When the International Council of Nurses terminates each quadrennial Congress, a watchword is given by the retiring president to serve as an inspiration for the coming term. Starting with the first Congress, held early in this century, the watchwords have been: Work, Courage, Life, Aspiration, Peace, Concord, Loyalty, Faith, Responsibility and Wisdom.

I would like to take these words and weave them into a garland of wishes for all my students:

- May you live in concord with others and at peace with yourself.
- May you meet life with courage, courage to take rebuffs and setbacks, courage to overcome inertia, and courage to choose the harder way when you know it is the right way.
- May your work be guided by faith in the dignity and worth of each human life and sustained by the constant presence of aspiration for the best.
- May service to your vocation be imbued with loyalty and a sense of professional responsibility.
- May you learn to use your skills and knowledge with that critical judgement and appreciation of values which is wisdom.

*Dorothy R. Colquhoun,
Director, School of Nursing*



The third Annual Year Book, as in previous years, is again a credit to the Student Body. The pictures and spoken word contained in this book, I am sure, will bring back happy memories to the students, and will in future years be treasured as happy reminders of your association with our School of Nursing.

Again, congratulations on this splendid effort.

Robert Buckner
Administrator



I wish to commend the students on their annual yearbook "Bibs and Beanies." This publication is a noteworthy achievement representing considerable time, thought and effort on the part of many.

As the months of 1959 move swiftly by, the students who are approaching the completion of their studies and experience at our hospital, are preparing to advance into a professional field filled with opportunity and responsibility. The staff of Nursing Service joins me in extending to these graduating students sincere good wishes for their future.

I would like to share with them a thought from "A Creed" by Edwin Markham.

There is a destiny that makes us brothers;
None goes his way alone:
All that we send into the lives of others
Comes back into our own.

*Ruby F. Thompson, Reg.N.
Director of Nursing Service*

SCHOOL OF NURSING ADVISORY COMMITTEE, 1959:

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Mr. R. Buckner
Ald. J. H. Charlton
Miss D. Colquhoun
Lt. Col. D. C. O'Brien
Mr. J. Ord
Miss L. Lucuta
Miss R. Thompson
Miss A. Vaughan
Mrs. H. Vaughan
Dr. J. D. Stewart
Dr. W. R. Waddell (Chairman—Board of Governors)

We offer our congratulations to the Student Body and in particular to the Committee who has worked so hard to produce the third edition of Bibs and Beanies for the School of Nursing, Metropolitan General Hospital.

On June 13, 1959 another class will graduate. The ceremony will be held in the Auditorium of the W. F. Herman Collegiate. We offer our congratulations to the class and may good luck be with you in following your chosen profession.

Each year other hospitals are adopting the nurse education plan of our School and we feel that in the not too distant future, our type of nurse education will become the accepted nurse education programme.

We are proud of the students in all classes because of your blending in with our hospital nursing staff and the manner in which you are giving consideration to bedside nursing.

W. R. Waddell, M.D.
Chairman, Board of Governors.

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THE FACULTY



LEFT TO RIGHT: Lois Bevis, Joan Bocking, Kathleen Moderwell, Dorothy Colquhoun, Katherine Grinyer, Michaela Leitéo.

Administrative Officers:

Robert Buckner, Administrator, Metropolitan General Hospital
Dorothy R. Colquhoun, B.A. (McGill), Reg.N., Director of School

Faculty:

Lois Bevis, Certif. Teach. and Sup. (Western), Reg.N.—Instructor in Obstetric Nursing
Joan Bocking, B.Sc.N. (Sask.), Reg.N.—Instructor in Science and Surgical Nursing
Katherine Grinyer, Certif. Sup. (Toronto), Reg.N.—Instructor in Pediatric Nursing
Michaela Leitéo, B.Sc.N. (Assumption), Reg.N.—Health Instructor
Kathleen Moderwell, B.Sc.N. (Western), Reg.N.—Instructor in Fundamentals of Nursing
and Medical Nursing
Medical Staff of Hospital
Guest Lecturers from Community Health and Welfare Agencies.

Instructresses:

Each comes with faithful willing heart,
Theory and skill to us impart;
Every helpful when we're perplexed,
Always patient and seldom vexed.
Preparing lessons day by day,
Guiding us in every way,
Each one plays an equal role
In helping us achieve our goal.
To our instructresses we owe
Our gratitude for what we know.

M.T.

PLACEMENT OF SUBJECTS:

FIRST YEAR:

FIRST TERM:

Anatomy and Physiology
Chemistry
Fundamentals of Nursing
Health
Microbiology
Normal Nutrition
Psychology and
Mental Hygiene
Sociology
Professional Adjustments
Solutions and Dosage

SECOND TERM:

Medical-Surgical Nursing
integrated in this
course are:
Anatomy and Physiology
Diet Therapy
Pharmacology
Pathology
Socio-emotional Problems

SECOND YEAR:

History of Nursing
Maternal and Child Care
Medical-Surgical Nursing
Psychiatric Nursing
Tuberculosis Nursing

THIRD YEAR:

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Medical-Surgical Nursing
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SONIA SOUTAR



ELAINE SCRATCH

BIBS AND BEANIES

As the '58-'59 year progressed the executive often turned to the dictionary for confirmation of their definition of two words—responsibility and co-operation.

According to the Concise Oxford Dictionary: responsibility is a charge for which one is responsible or depended upon to perform. Co-operation is recorded as working together to the same end.

In producing a yearbook or working on a ward in the hospital it is the moral duty of a nurse to co-operate and to act with a feeling of responsibility whether it be the making of a bed or writing an article for the yearbook.

These two words must carry their full meaning to an individual, for he or she without them lose respectability, position and trust.

We sincerely wish that each one of you accepts your responsibility and the need for co-operation in your profession and in your lives.

To the undergraduates, we hope this book presents itself as a challenge to obtain new and greater things, not only in your future yearbooks but also in your organizations and clubs.

We hope our graduates will remember our good times, hours of study and work at "Met." We are sure they will never forget the pep talks given by "Bibs and Beanies."

The executive hopes you enjoyed our fashion show, and that you will have success with future ventures.

The yearbook exchange has grown considerably. We have exchanged yearbooks with hospital schools and universities from coast to coast.

I, personally, wish to extend my thanks to the executive and those who assisted in the production of your yearbook.

Sonia Soutar, Editor

EXECUTIVE



STANDING, left to right: Marsha Coupland, Helen Gazo, Susan Goodwin, June Van Rooyen, June Mills, Pat Cooke.
SEATED: Elaine Scratch, Sonia Soutar, Barbara Jackson.

LITERARY COMMITTEE



SITTING, left to right: June Mills, Patricia Dafoe.
STANDING, left to right: Deanna Grey, Uliana Yaworsky.

PHOTOGRAPHY

COMMITTEE



STANDING, left to right: Linda Falstrem, Margaret Krause.

SITTING, left to right: Karen Boot, Barbara Jackson.

Metro Matter



PATRICIA WEARY

We designed a new cover for our school paper this year with the school pin on it. I feel that this paper could be more successful if there were more literary contributions from the members of the student body instead of the limited staff writing all the material.

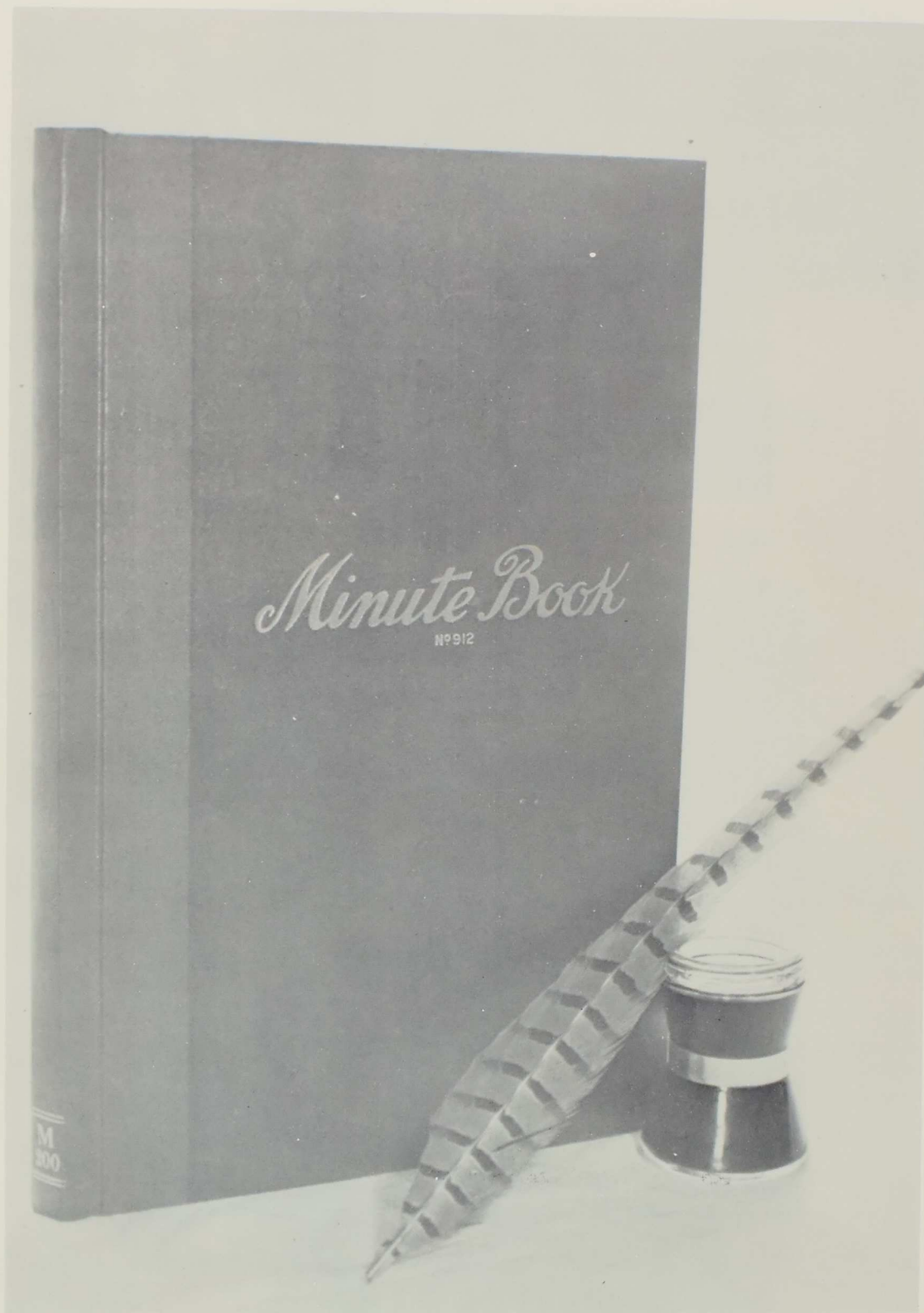
As editor I would like to thank my staff and all those who helped produce Metro Matter this year.

Patricia Weary
Editor

EXECUTIVE



LEFT TO RIGHT: Marilyn Talbot, Patricia Weary, Janet MacDonald.



STUDENT ACTIVITIES



MURIEL AYLESWORTH



ELLEN BATEMAN

Lampadian

Society

The "Lampadian," our student association is a democratic or self-governing organization. The executive officers are elected by the student body at the beginning of each year to fulfill the necessary duties of the school.

The executive meets monthly before each mass meeting. At this time each committee submits a report of their work and plans for the month ahead.

Each student must contribute and accept responsibility to insure unity and success in the student association.

As President, I would like to thank my executive and the student body for their cooperation and support during 1958-59, and to extend best wishes for a most successful Lampadian Society in the future.

Muriel Aylesworth

EXECUTIVE



STANDING, left to right: Lynn Holmes, Karen Shanks, Judy Hulbert, Frances Corbett, Tammy Cohoon, Sonia Soutar.

SITTING: Muriel Aylesworth, Ellen Bateman.

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JOAN WALSH



PEGGY DUQUETTE

House

Committee

The House Committee was composed of two students representing each class. Our aim was to enforce the rules of the residence so that all the girls could live in harmony.

Each girl in the school took turns being hostess—which entails receiving guests and locking the residence at night. We also took turns being monitors and enforcing "quiet hours" during the evenings.

The committee met each week to discuss the rules and decide if any girl deserved a penalty. The committee is primarily student governed.

We believe that all, and not a few, should keep residence regulations. We have tried to be fair to everyone—but naturally did not please everybody. However, we tried, and I believe succeeded, in carrying out our aim.

Joan Walsh

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EXECUTIVE



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 STANDING, left to right: Joan Curley, Louise Haslam, Carol Haswell.



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Finance Committee

EXECUTIVE



LEFT TO RIGHT: Virginia Heath, Marjory Hill, Fran Corbett.

The finance committee consists of chairman elected from the student body, the association treasurer, and representatives from any remaining classes. Primarily its task is to budget the spending of the school funds. The treasurer also has the responsibility for the collection of dues and an account of the finances.

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PEARL VANE

N.C.F.

NURSES' CHRISTIAN FELLOWSHIP

Executive:
President: Pearl Vane
Secretary-Treasurer: Marilyn Talbot
Social Convenor: June Van Rooyen
Advertising Convenor: Judith Hubert

N.C.F. represents Nurses' Christian Fellowship, which not only is meeting here, but in gatherings of student nurses around the world. The group meets every Wednesday evening from 6:15 p.m. to 7:15 p.m., but at times we attend an outside event, still our Christian theme, where we are drawn to hear a speaker or films.

We met regularly for the fellowship in the earlier part of the year, but it was not until December that our executive was nominated, and the plans for the coming meetings discussed.

Our meetings have always given us a spiritual enlightenment, whether it be speakers, films, slides or Bible studies. Always prayer and the singing of hymns make our meetings an important experience for each of us.

In December a Christmas Social was held, and in January we gathered for an evening at the home of our capable leader and advisor, Mrs. Steves, for dinner, games and singing. Soon after she found it necessary to leave our midst, but brought to us two graduate nurses, to occupy her place: Mary Porter and Audrey Axelson. They have willingly tried to help us in the theme: "Ye shall know the truth, and the truth shall make you free."

P. Van

Best Wishes Class of '59
Now and Always
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C.S.O.

CATHOLIC STUDENTS' ORGANIZATION



JEANNINE BOUVIER

"It is our earnest desire that you gain an ever clearer knowledge of your responsibilities and an ever more ardent will to carry them out fully." This two fold objective expresses the purpose of our weekly meetings, with Father Pacquette, our hospital chaplain, to study the principles of ethics pertinent to us, as Catholic nurses.

This year we covered Part II, which deals with "The Nurse's Spiritual Life," in our "Moral Handbook of Nursing." This general topic was subdivided into the following:

a) Christianity's answer to the Problem of Suffering, which included:

The Cross in Christian Life: In olden days, the image of the Cross was an integral part in the life of a Christian. The apostles preached the crucifixion as the symbol of our salvation.

The Nurse who can help: There is only one sort of nurse who can help her patient to build a strong spirit of resignation during illness and that is the nurse who, herself, has accepted whatever suffering God may choose to send her. "No one gives what one does not possess."

b) Why are you a Nurse?

A girl should become a nurse, not for the glamour, money or even only because she likes the life. She becomes a nurse because she is convinced that nursing is the field where she can best carry out the will of Christ, serve her neighbour as a result and achieve a certain happiness here and eternal happiness hereafter.

c) The Place of Prayer In the Vocation of Nursing:

A conscientious nurse must labour mightily in order to care for the spiritual as well as the physical well-being of the patient, because nothing less than the best is worthy of God and her calling. But we can do no more than our best and leave the rest to God. In short a good nurse will be a woman of prayer.

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1341 Ottawa St.

Baby-Sitting Committee

This year a new organization was added to our school when the Baby-Sitting Committee was formed. This committee is designed to aid people in our community find competent girls to care for their children and at the same time provide a means of improving the financial position of our student nurses.

The organization has proved a success and has many satisfied customers and is hoping to expand and continue offering their services.



BABY SITTING COMMITTEE: Gail Cummings, Evelyn Costescu, Atsuko Nakashima.





RESIDENCE LIFE



KAREN SHANKS

Social Committee

SOCIAL COMMITTEE REPORT

The Social activities this year commenced in September with a party given to welcome our junior class. Highlighting the evening was a Beauty contest featuring such local lovelies as Miss Bedpan Alley, Miss Garbage Disposal and Miss Carriage.

Second on our agenda was a Halloween party in October. The costumes were various and assorted and everyone enjoyed the junior's rendition of such all time classics as The Witch's Brew and I Wish I Were A Daffodil.

In November we had a dance and dubbed it the White Shoe Shuffle. Of course, there was a serious man shortage until 11 p.m., but after that everyone had a nice time dancing to the music of the Royaltones.

December brought two social evenings our way. First was a Christmas party given for us by the Women's Auxiliary. We enjoyed such games as card bingo and hope they enjoyed our version of the Yuletide carols. Second was our annual Christmas dinner eaten by candlelight and a visit from Santa (who by the way seemed to be having a spot of difficulty keeping his abdomen in place). After the presents were distributed, all the students donned their uniforms and went caroling through the halls of the hospital. Have you ever tried to sing through a lump in your throat as big as a grapefruit? I think we all found it difficult but enjoyed ourselves tremendously anyway.

Last but not least was our fifth Annual Ball in February that gave us An Evening In Paris. I think and hope that everyone enjoyed this transport across the sea to the city of the Eiffel Tower, French poodles, champagne and the Can Can dancers.

K. Shanks

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EXECUTIVE



STANDING, left to right: Dorothy Baston, Gail MacLean, Marilyn Payne, Jane Bateman.

SEATED, left to right: Sandra Batterson, Gail Naylor, Karen Shanks, Betty Lou Lenson.

BASKETBALL



This year, although it was not favourable as far as championships go, was one to brag of.

The girls from Met. joined with those of Central United Church, competing with Sarnia and Chatham for the Ontario Group "A" Church Championship. Exhibition games were played with local church teams and with Sportland Aces for the Windsor championship.

Coach Bud Day, who is taking a physical education course at Assumption, so ably coached and prodded us to near-victory.

All of the girls enjoyed every minute of this year's basketball season — even the long hard practices.

We hope for a Championship next year.

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Y.W.C.A.

Creak! Grunt! Groan!
Down, two, three,
Up, two, three.

Thus we spent our evenings at the "Y."

The first part of the evenings was spent in exercise to help us keep fit and that usually left us hobbling to class of Friday mornings.

The latter part of the time was occupied with game of basketball, volleyball and badminton.

I know everyone has enjoyed their evenings at the "Y" and will look forward to many good times together next year.

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Ontario



TOP ROW, left to right: Patricia Dobson, Pearl Vane, Judy Hulbert, Carol Morrice, Judy McNeil, Charlene Teron, Jane VanRooyen, Karen Shanks.

MIDDLE ROW: Sally Morin, Gail Mac-

Lean, Ann Stipsky, Dorothy Baston, Peggy Duquette, Elaine Scratch, Carol Stevens, Uliana Yaworsky, Atsuko Nakashima.

BOTTOM ROW: Lynn Holmes, Vir-

ginia Heath, Mararet Krause, Nancy Ferris, Ellen Bateman, Joan Curley, Ruth France.

ABSENT: Doreen Laporte, Paula Spooner.

CLASS OF 1960



TOP ROW, left to right: Patricia Brown, Elizabeth McLean, Susan Goodwin, Gail Naylor, Gail Cummings, Fran Corbett, Sandra Batterson, Delores Newman.

MIDDLE ROW: Barbara Reid, Louise Haslam, Elsa Forsander, Marilyn Pyne, Patricia Dafoe, Lana Kotovich, Linda Falstrom, Helen Gazo, Mary Mates, Tammy Cohoon.

BOTTOM ROW: Janet McDonald, Karen Getty, Janet Archambault, Marilyn Talbot, Pearl Shnovsky, Deanna Grey, Ruth Ura, Karen Booth, Rosetta Brown, Shirley Howie.

CLASS OF 1961

EXECUTIVE



Junior Executive
RUTH URA, TAMMY COHOON



Intermediate Executive
JUDY HULBERT, PEARL VANE



Senior Executive
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VISION



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FORD OF CANADA



CAPPING



I said to a man who stood at the gate of the year, "Give me a light that I may tread safely into the unknown," and he replied; "Go out into the darkness and put your hand into the hand of God—that shall be to you, better than a light and safer than a known way."

The blue cap, a symbol of two years engaged in studying, learning and observing was humbly removed from our heads. It was replaced, by Miss Barr, with the new white cap, a symbol of added responsibility.

From the flame held by our director, Miss Colquhoun, each lit her candle.

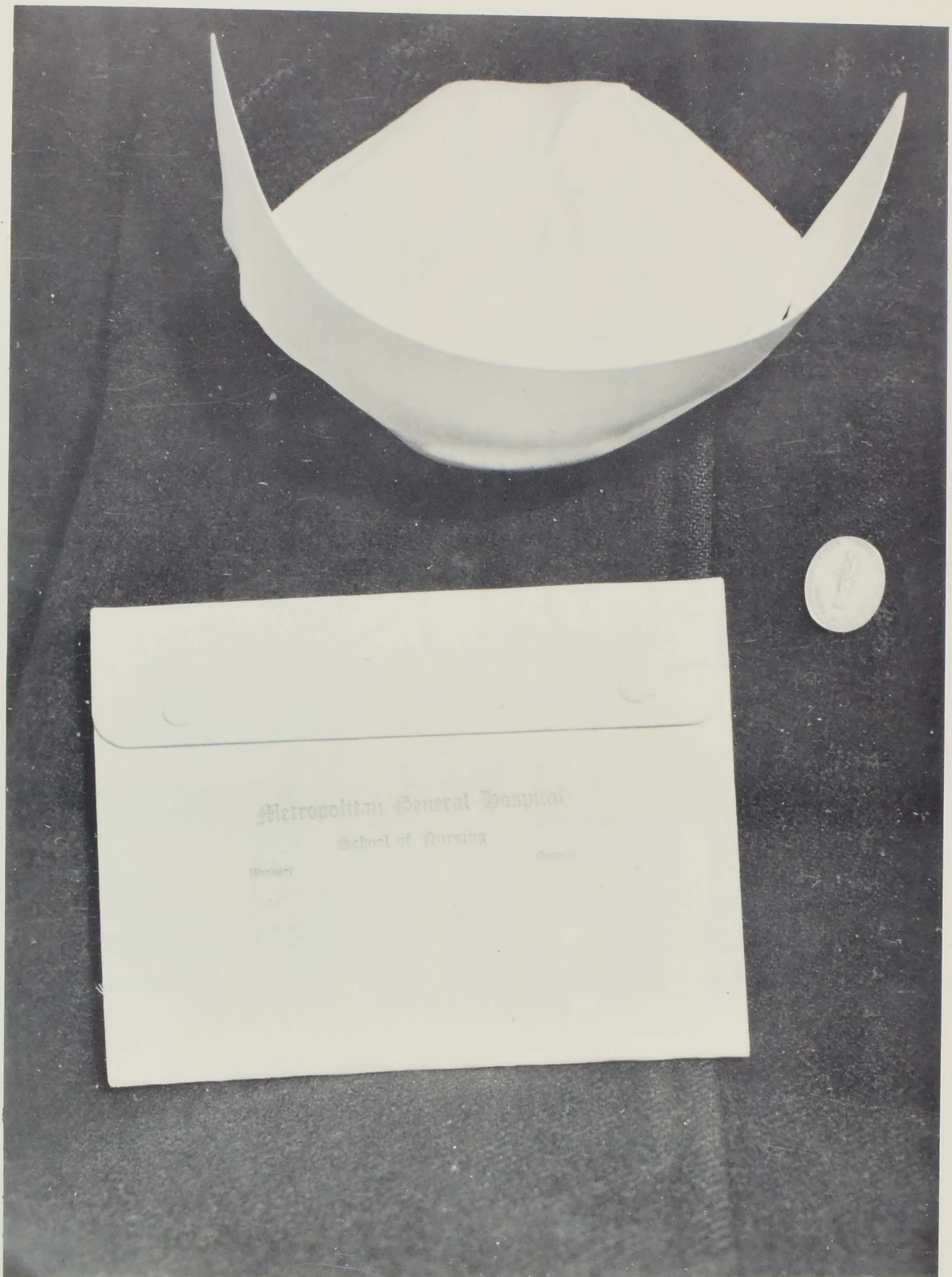
Witnessed by friends and relatives, Rev. Bolton asked the blessing of God on this our last year as student nurses.

YOU
KNOW
IT'S
GOOD...
BECAUSE
IT'S

57



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GRADUATION

CLASS OF 1959



MURIEL MAXINE AYLESWORTH
Chatham, Ontario
One willing for fun no matter what
time of day.



JANE ANN BATEMAN
Leamington, Ontario
"A good heart never changes, but
keeps its course truly."



MARIE THERESE JEANNINE
BOUVIER
Gravelborg, Saskatchewan
A budding ambition is in her mind,
She's not the kind to be left behind.



PATRICIA ANN COOKE
Windsor, Ontario
She's as bad as the best of us
And as good as the rest of us.



EVELYN JOAN COSTESCU
Windsor, Ontario
Behind an innocent smile lies a good
humoured, devil-may-care girl.



MARSHA ELAINE COUPLAND
Riverside, Ontario
Fun-loving, carefree and with all a
loyal friend.



CAROL JEAN HASWELL
Harrow, Ontario
Variety's the very spice of life that
gives it all its flavor.



MARJORIE MAE HILL
Essex, Ontario
A joke is the "shortest" distance be-
tween two points of view.



SHIRLEY MAE HYATT
 Oldcastle, Ontario
 Fond of Music, fun and laughter,
 Pleasure first and business after.



VICTORIA HATTIE ILNICKI
 Windsor, Ontario
 A friend in need is a friend indeed.



BARBARA ANNE JACKSON
 Windsor, Ontario
 The lamp of learning burns brightly
 here,
 A ready smile, full of cheer.



JOYCE EVELYN JENSEN
 Windsor, Ontario
 May all the sweets of life combine,
 Mirth and music, Love and wine.



CAROL ANN KIPPS
Windsor, Ontario
Keep thy eyes wide open before marriage
and half shut after.



BETTY LOU LENSON
Amherstburg, Ontario
Brown eyes, a ready smile,
She won our hearts in a little while.



JEAN NOREEN MACMILLAN
Léamington, Ontario
Quiet, Tall, Serene



OKSANA NATALIA MARTYNIUK
Grimsby, Ontario
May your voyage through life be as
happy and as free as the dancing waves.



CAROLE MAXINE MENZIES
Peterborough, Ontario
May you "live" all the days of your life.



JUNE DENISE MILLS
Colette, Saskatchewan
May we have in our arms
Those we have in our hearts.



MARILYN DORIS JEAN MOORE
Tecumseh, Ontario
Here's to love, the only fire against
which there is no insurance.



ELIZABETH ANNE PORTER
Windsor, Ontario
It is astonishing what power words
have over man.



MARGARET BARBARA PROCIUK
Windsor, Ontario
May you live as long as you like,
And like what you have as long as
you live.



LAUREL ANN RAHM PHIBBS
Blytheswood, Ontario
Here's to matrimony—the high sea
for which no compass has yet been
invented.



ELEANOR HELEN SANTO
Maidstone, Ontario
At first you think she's quite demure,
But afterwards you're no quite sure.



DIANE SHUSTER
Leamington, Ontario
Nary an unkind word was spoken.



SONIA CAROLITA SOUTAR
Windsor, Ontario
No wild enthusiast ever yet could rest
Till half mankind were like himself
possessed.



JOAN ELIZABETH WALSH
Windsor, Ontario
Quiet days, fair issue and long life.



PATRICIA SUE WEARY
Ottawa, Ontario
It's good they say to be merry and wise.

Last Will and Testament of The Class of '59

We the undersigned do hereby bequeath to the students remaining the following:

- BARBARA JACKSON—My pretty purple blues.
JOAN WALSH—Colored budgy feathers for those who wish to stuff their pillows.
CAROL HASWELL—My dead plants.
VICKI ILNICKI—My air-conditioned aprons.
JEANNINE BOUIVER—My love for plaid shirts and blue jeans.
JOYCE JENSEN—My "Miss Clairol."
CAROL MENZIES—My birthday parties.
MURIEL AYLESWORTH—My animal collection.
PATRICIA WEARY—"Dudly."
ANN RAHM—My empty coffee jars.
ELIZABETH PORTER—My well-worn "Y" card.
DIANE SHUSTER—My enthusiasm for N.C.F.
SONIA SOUTAR—One '54 Meteor horn.
SHIRLY HYATT—My lunch hour cribbage games.
PATRICIA COOKE—My budget.
MARILYN MOORE—My tidy room.
JANE BATEMAN—My old flames.
MARSHA ELAINE COUPLAND—My Bobby Pins used to keep up my French Roll.
MARGARET PROCIUK—Our trips to Toronto.
BETTY LOU LENSON—My diet lists and extra pounds.
CAROL KIPPS—My fan mail from the North.
EVELYN COSTESCU—My cigarette butts—short and plentiful.
JUNE MILLS—The wave set that keeps my pony tail in harness.
OKSANA MARTYNIUK—My desire to stay in the medical profession—Married or Single.
MARGORY HILL—My love for "Inky."
JEAN MacMILLAN—My private chamber.
ELEANOR SANTO—My secret on how to stay slim and eat all I want.



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JUNE MILLS

VALEDICTORY ADDRESS

Three years of striving, a golden milestone and a ray of hope for the future.

When we walked up the steps of Metropolitan General Hospital, School of Nursing many thoughts raced through each mind. For some of us we not only stepped into the future but we left the security of home and family. Others just couldn't wait to dash home for mother's cooking before she really had to settle down and make residence her new home.

The first few months we spent trying to learn things so unknown to us—anatomy and physiology, microbiology along with nursing arts. Sometimes we wondered if those long words ever really came to mean something or if they would always be a jumble—and trying to spell them! After our first Christmas holidays we went to Riverview where we learned the art of caring for the patient with a long-term illness. Even after one week we were happy to return to the familiarity of the hospital we had come to know. Here for many months we studied and learned the skills of caring for a medical or surgical patient. Two weeks of evening and night duty gave us an idea of what went on during the sixteen hours we didn't see the patient.

Second Year—a myriad of new experiences. Nursery school where we learned how Tommy worked and played in the community so we could better understand how he would feel when he was in the hospital. A day with the Victorian Order of Nurses and the Public Health nurse. Who could forget the face of a handicapped child at the Red Cross as she learned with delight the simplest task. A visit to the Sanatorium where we came to know and care for the patient with Tuberculosis, a waning disease.

Our hearts warmed to the first cry of a newborn and parental delight as they gazed in wonder at the tiny form.

Vivid too is the refrain of "Scrub-nurse! The doctor is waiting." Yes, the operating room with its hurry and dramatic atmosphere. Most of us vowed we would never go back after the first day but we went and hated to leave when our time was up.

On into our final year—how quickly it is passing. Now we are Seniors and with it added responsibility and shift work. Now we learn more about administration and nursing as a team.

Yes, today is the culmination of many days when we weren't quite sure the next rung of the ladder would be within reach. As Thomas Huxley puts it "The rung of a ladder was never meant to rest upon, but only to hold man long enough to enable him to place the other foot somewhat higher"—and so we went on.

Let us not forget some of those that gave us that extra little boost so that we might grasp the next rung.

Miss Colquhoun, our director, and our instructresses—the people who willingly guided our study and even took time to listen to any personal problems we might have.

Always right behind us were our parents. There are lumps in many of their throats today as they look back and can see their little girl just as she was years ago—how they reached a hand to guide a tottering foot, how they laughed with her or wiped away a tear. Yes—mom and dad—you listened when we were discouraged and helped us to go on.

Let us not forget either—our boyfriends. Perhaps more than any other person they gave us a shoulder to lean on—listen to our complaints and shared our rewards. Social events, our annual proms helped us to be more interesting people and thus better nurses.

To my classmates I say:

This is a day that we have been both looking forward to and yet hoping it could wait. Perhaps now, more than at any other time, our parting is vivid to us. We must leave behind many friends as we set out on our separate paths—whether it be further education, staff nursing or marriage. With us will go many memories—shop talk for hours after work (we never could quite leave it behind), nightly coffee breaks, and the tricks you played on your room-mate. Yes, we had fun together, we argued with each other, borrowed from each other, and grew together.

In parting I would like to leave you with this poem:

Life is a constant learning,
Never the lessons end,
And the more we learn the further
The bounds of our life extend.

Life is a constant journey,
Never we reach the goal;
But the higher we go the greater
Is the reach of the living soul.

Life is a constant growing,
Up from the nourishing sod,
Into the better living,
Nearer the fullness of God.

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A.



B.



C.



F.



E.



D.



G.



I.



H.



J.



L.



M.



K.



O.



Q.



N.



P.



R.



S.

WHO'S TO ROCK THE CRADLE?

When women's rights have come to stay,
Oh, who will rock the cradle?

When wives are at the polls all day,
Oh, who will rock the cradle?

When doctor mama's making pills,
When merchant mama's selling bills,
Of course 'twill cure all woman's ills,
But who will rock the cradle?

When mama to the court has hired,
Oh, who will rock the cradle?
She has a case that must be tried,
Oh, who wil rock the cradle?

When captain mama walks the deck,
When banker mama's cashing cheques,
When all our girls have lost their sex,
Must papa rock the cradle?

Author Unkown

- A. Joan Walsh
- B. Marilyn Moore
- C. Jeannine Bouvier
- D. Barbara Jackson
- E. Carol Kipps
- F. Elizabeth Porter
- G. Muriel Aylesworth
- H. Evelyn Costescu
- I. Jean MacMillian
- J. Marsha Copeland

- K. Carol Haswell
- L. Patricia Cooke
- M. June Mills
- N. Jane Bateman
- O. Betty Lou Lenson
- P. Margory Hill
- Q. Ann Rahm Phibbs
- R. Joyce Jensen
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CLASS OF 1959 WEDDINGS

Ann Rahm and Ken Phibbs—May 2, 1959
 Betty Lou Lensen and Russel Cantelon—August 15, 1959
 Sonia Soutar and Jack Plant—September 19, 1959
 Marilyn Moore and Mario Baldinell—September 19, 1959
 Barbara Jackson and Charles Baker—September 25, 1959
 Marsha Copeland and Bruce Tye—September 26, 1959
 Patricia Cooke and Edward Gazo—October 9, 1959
 Carol Haswell and John Mihalik—
 Carol Kipps and Raymond Primeau—
 Eleanor Santo and Henry Mergl—
 Joan Walsh and John Saunders—



BEST WISHES AND CONGRATULATIONS

May you find
 Your life together brings,
 The kind of special happiness
 That comes from sharing things.

Whatever you are wishing for,
 May every wish come true.
 And through the long and happy years,
 May life be good to you.

The Senior Class



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WINDSOR, ONTARIO

WHO'S WHERE CLASS OF 1958

Janice Atkinson—Metropolitan General Hospital
Gail Penman—Presbyterian Hospital, New York
Marilyn Leggett—Mrs. J. Grey, Leamington
Jean Pace—Teaching School, Barrie, Ontario
Jeanne Saumure—Nursing, Port Colbourne, Ontario
Marilyn Simmons—Sarnia, Ontario
Elizabeth Tkatchuk—O.R. Metropolitan General Hospital
Ida Urban—Mrs. Totten, Metropolitan General Hospital
Shirley Vodarek—Metropolitan General Hosp
Janet MacKinnon—Mrs. R. Wallace, Metropolitan General Hospital
Pearl Molnar—Metropolitan General Hospital
Janet Morris—Mrs. Clifford Taylor
Sharron Oliver—Mrs. G. Hill, V.O.N., Sault Ste. Marie
Dorothy O'Neill—Nursing, Fredericton, New Brunswick
Natalie Ciurysek—Nursing, Hamilton
Elizabeth Frew—Mrs. G. Burrows
Loretta Handrigan—Mrs. F. Dick, Nursing, Leamington
Florence Josh—Metropolitan General Hospital
Muriel Laramie—Metropolitan General Hospital
Eleanor Priess—Part time, Metropolitan General Hospital

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HOSPITAL LIFE



FIRST EAST

Psychiatry is quite a lore
 Here you'll find it on this floor.
 Problems common to mankind
 Are here explained and well defined.
 With thoughtful patience, gentle care,
 We'll help others, their sorrows to bear.



FIRST MAIN

Where things remain
 Changeless
 Endless
 Quite the same.



FIRST WEST

When you you enter the presence of first floor west,
 One dons a spirit of enthusiasm and zest.
 The hours of work are oft longer than eight
 To finish your lot you must keep a quick gait.
 Good body mechanics will come into play
 Moving the patients, You're apt to turn grey
 You think—But then after all
 You'll find in the end
 First west you'd trade for no modern trend.
 The patients are elderly, lived most of their day,
 So pleasant you must make the rest of their stay.



SECOND EAST

Neat and clean, an extra sheen
 On second east it can be seen.
 And yet we find our skills a must,
 To help adjust
 And put at ease
 Our patients we must surely please.



SECOND MAIN

Our own domain.
 Here nursing skills are called on oft,
 Responsibilities we never doff.
 From day to day our main concern
 Our patients' health,
 While yet we learn.



SECOND WEST

Second West is a cheery place,
 Where things keep up a rapid pace.
 Neurological nursing here you will see,
 Learning new skills, A better nurse to be.
 Patients doing exercises are seen each day.

The better their progress,
 The shorter their stay.
 The staff up here is of the best,
 It's really a pleasure to work on 2nd west.

OBSTETRICS

The night is quiet—just too still,
Perhaps someone will want a pill.
An occasional snore, a nightmare in four,
Silence is broken, something dropped to the floor.

Night lines are drawn, charting notes made,
Someone's in labor, we'll soon have a babe.
His first welcome cry, re a pat on the feet,
Tucked in a basket, so comfy and neat.

A shirt, a diaper, two safety pins,
Baby is ready for view by the kins.
Quiet again, we know not for long,
There's the elevator, if I'm not wrong.

But it's all in the game,
If you know what I mean.
The night's over,
Not long did it seem.



THIRD WEST

A haven for women, our 3rd west floor;
They come and they go but there's always more!
The nurses are run right off their feet
Keeping each patient clean and neat.

The linen is always a problem it seems,
In order to get yours, you learn to scheme.
Preps in the afternoon by the score,
Visiting hours set a dull roar.

By 4 o'clock the nurses are spent,
The students are fagged,
Their cap bands are bent.
They vow they will not return to that ward

They'll even take it up with the board!
But nevertheless, tomorrow at eight,
They rush back to third west,
'Cause those women won't wait.





OPERATING ROOM

I don't want to go to work this morning.
It isn't even daylight yet.
I hope this elevator's working to-day.
Well here we are!

NURSE—are you in room 4 . . . yes.
All right, scrub and set up in there.
DON'T contaminate anything!
Did you call the patient yet?

. . . no . . .

We'll call for him and when you see the
Doctor GO SCRUB!

Nurse, turn the suction on—please.

. . . No, that's too much . . . turn
that suction up a little.
All right, drape the patient.

NURSE ??? DRAPE THE PATENT.
Haven't you got a better mouth gag?

(Censored Joke)

Hold this please Nurse.

Kelly Please, another Kelly,
DON'T TELL ME YOU HAVE ONLY ONE
KELLY IN THIS SET UP!

You'd better get another one.
How do you like the OR nurse?
meekly) I like it, Sir.

Get those instruments sorted.
Have some coffee.

. . . 5 minutes . . .

Scrub—you've got 3 minutes.
Oh well, It's all in a days work
In the OR.



PAEDIATRICS

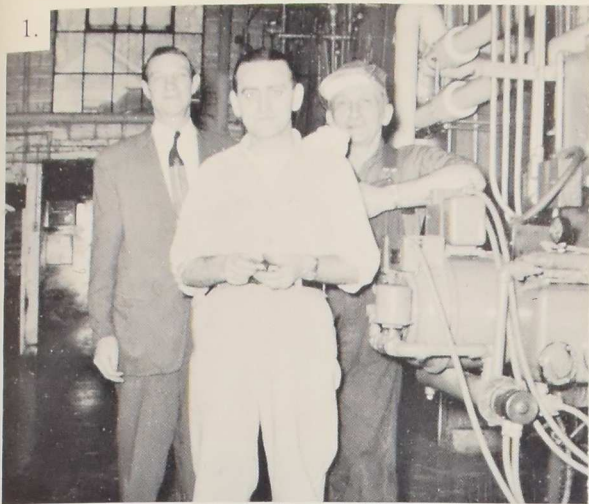
Children's Ward or Paediatrics,
The opposite of Geriatrics.
Patient's are young here,
Most not too ill.
Feedings, changing, an occasional pill.
Entertainment—to ease their stay,
Quickly they'll be upon their way.



1. Nursing Office
2. Mr. Rodgers
3. Orderlies
4. Kitchen
5. Office
6. Switchboard
7. Laboratory



1. Formula Room
2. Admitting
3. Occupational Therapy
4. Pharmacy
5. Recovery Room
6. Physio Therapy
7. Cysto



1. Engineers
2. Stores
3. C.S.R.
4. Blood Bank
5. Records
6. X-Ray



STUDENT'S TRIPS

Five Oaks

Every year the Student Association sends representatives to conferences in different parts of the Province. Our 1958-1959 delegation to the Five Oaks conference was Atsuko Nakashima and Barbara Reid. We know that they had a wonderful experience there as we can tell by the following report:

"As we entered the town of Paris, we couldn't see much of the hills and valleys that we were to notice the following day. As luck would have it, a taxi was waiting to take us to the Five Oaks centre. Five Oaks is a training centre for lay people of all denominations. They sponsor conferences for all vocations, including our own, nursing. We were greeted warmly by the members of the staff, and soon felt quite at home. We attended a Get-Acquainted Hour where we met some of the other sixty nurses, including twelve other students.

"Miss Beatrice McLean, a registered nurse from Montreal who specializes in psychiatric nursing, introduced our main speaker, Mrs. Agnes Sanford, a noted author and lecturer from the United States. Her first address was on the theme of the Conference, 'Divine Healing.' She told us that for this to be possible the healer must have faith, that is—a basic trust in God, the loving Father. We can be channels for His healing spirit which is present all around us. It can flow through us to the individual we are praying for. After a short snack we had closing devotions with the Reverend B. Oaten, Director of Five Oaks.

"Up early the next morning at the first ring of the bell, we gathered for breakfast. We all took turns at preparing and serving the meals and the clean up afterwards. We then took a walk in which we explored the spacious grounds, after which we returned and met for Bible Study with Reverend J. Bone, the assistant director.

"Later Mrs. Sanford gave her second presentation on the different types of prayer—prayer of faith, of worship, of thanksgiving, meditation and for courage. We then had a discussion about non-directive counselling in which we must learn to take time to listen, be attentive, responsive, not probing or judging but always with faith that the patient can solve his problems. This summed up some of the important qualities of a good nurse.

"Dr. Stringham, a psychiatrist from New York presented his views on Divine Healing from a medical standpoint, quoting freely from his own experiences with the mentally ill.

"On Sunday morning, after a beautiful and impressive communion service, Mrs. Sanford spoke on the transmission of prayers, whereby we could help others in far-away places.

"That afternoon our wonderful week-end came to a close when Dr. and Mrs. Stringham related their personal experiences with Divine Healing.

"Our thanks go to the Student Council for making such a wonderful and thought provoking experience possible."

Five Oaks

Marilyn Pyne and Judy Hulbert were chosen to attend another conference at Five Oaks on "Spiritual Nursing and the Healing Team."

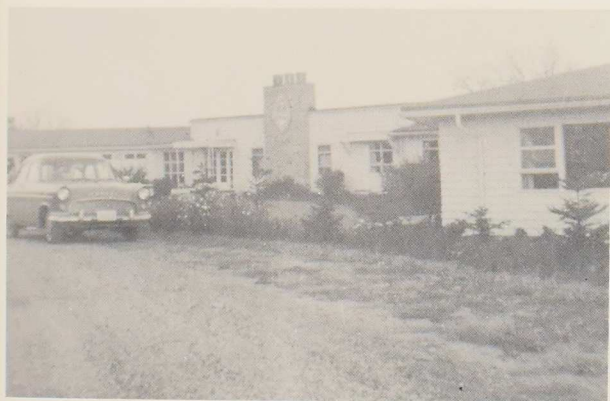
Representing the nursing profession at this conference were Public Health nurses, V.O.N. nurses, Physiotherapists, Nursing Directors, Supervisors, Head Nurses, Registered and Graduate Nurses and Student Nurses.

The emotional and spiritual areas of nursing were very adequately represented by four members of the clergy, a "church nurse," and a Doctor of Psychiatry and Medicine, all vital members of the health team.

"Spiritual Nursing and the Healing Team," the conference theme, was well brought out in such presentations as: "Spiritual Nursing and the Healing Team"—Mrs. M. R. Thompson, R.N.; "Nursing the Whole Person"—Dr. James Bryce and "Religious Values and the Healing Process"—Rev. A. J. Machachan.

Marilyn and I thoroughly enjoyed our weekend at Five Oaks. Our sincere thanks to everyone for making our trip possible.

Judy Hulbert



Red Cross

Do you remember those delightful little children we saw at the Red Cross? I'm sure the Intermediate Class does. Each student spent a week there working with the children and marvelling at them. We watched these handicapped children, many of them afflicted with cerebral palsy, as they attended daily classes in their classroom, exercised in the physiotherapy department, smiled winningly with their project done in occupational therapy, and splashed and exercised in the swimming pool. Their hard work and talents produced a delightful Christmas concert in December.

A great deal of credit should be given to the wonderful staff there, who were patient and understanding, and willing to answer our questions at any time.

For each one of these courageous children we have a special place in our hearts.



Nursery School

Each morning for two weeks a pair of intermediate students set out for nursery school. There we observed the habits of the normal pre-school child. Watching the children, we were thoroughly interested and amused when little Michael stopped a fight between Paul and Jackie, for Mike was the leader of the group; and when cute little Suzie presented us with a drawing of the school itself. Remember how sweet little Michelle looked in her red trapeze dress and pixie haircut? Certainly not to be forgotten is the gentle guidance the teacher gave as she helped the children grow, mentally and socially.

Fond memories and thoughts of these children will ever in our hearts remain.



The Cancer Clinic

Although housed in the Metropolitan Hospital, the Cancer Clinic is not under its jurisdiction. Since the Ontario Cancer Treatment and Research Foundation rents the west wing of the ground floor from the hospital for the Clinic, the majority of the cancer patients in Windsor are hospitalized in the Metropolitan General Hospital.

The patients are treated by deep X-Ray, cobalt or radium. The radium is kept in a metal safe in the clinic and is counted every night and double-checked twice a week.

Every week "in" patients and those from Windsor and the surrounding districts come for check-ups with Dr. McCormick and Dr. Maus. Some of these may be past patients with six month appointments and others may be patients who are presently receiving treatments.

The Cancer Clinic is well equipped to give adequate treatment. It is composed of three examining rooms, one small operating room, a room for the deep X-Ray machine, one for the cobalt Bomb, a control room and several offices. The decor is attractive and colourful.

Each year the junior students have the opportunity to spend a day or two observing the work of the Cancer Clinic and Drs. McCormick and Maus, as part of their medical-surgical experience.



Riverview

During the week of January 19-23 the Junior class paid their annual visit to Riverview Hospital. We spent the week talking with the patients and observing the mechanics of the various departments. During the course of the week we visited the physio, occupational and speech therapy clinics. We observed Dr. Ballard in the chiropedy clinic and then watched his wife make shoes for crippled and arthritic feet. During the course of the week we attended the urology clinic, dental clinic and lectures on specific care of the chronically ill. We saw there a different aspect of our nursing careers and a very important one. It was a wonderful experience and I know we will never forget it.

Public Health

Shortly before Christmas the students of the Junior class visited the Board of Health of Windsor. We learned of the extensive work in all departments for the detection and prevention of disease in the Windsor District. We were told of the busy life of a Public Health Nurse, her goals and duties.

Later in the year we attended a lecture at Assumption University on Venereal Disease.

Essex County Sanatorium

Starting in January the first of the intermediate students began their month of affiliation as the Essex County Sanatorium. The class was divided into groups and each group went at the beginning of their month.

During their month at the San. the students learned a great deal about the etiology, pathology, symptomatology, and diagnosis of tuberculosis. By ward experience they learned a practical aseptic technique for both the nurses' and patients' protection. They also learned that one of the most important factors is psychological care, for when a patient comes to the Sanatorium he may leave behind a family, good job or financial debts. If a patient is worrying about his family, his home or other things, mental rest is impossible. Mental rest is of course as important as physical rest in the patients road to recovery. The nurse and other personnel must help the patient adjust to his problems. Often this may involve just being a good listener. Whatever it involves must be done in order to give the patient complete rest.

Our stay at the Sanatorium also gave us an opportunity to work with other students from Hotel Dieu, Grace and St. Joseph Hospital. I am certain that we will never forget the many pleasant times we shared together.

We extend our thanks to the staff at the Sanatorium for their help to make our stay so pleasant and their patient teaching about tuberculosis. One person in particular whom we will all remember is Mrs. Grey, the Director of Nursing for the Student Affiliation. We thank her not only for the knowledge she gave us but also for her kindness, enthusiasm and interest which we will always remember.

I am certain that we will always regard our Sanatorium affiliation as an important part of our training.

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