

BIBS and **BEANIES**

1958

**School of Nursing
Metropolitan General Hospital**

THE SECOND ANNUAL

BIBS AND BEANIES

IS DEDICATED TO

Miss Dorothy Colquhoun

AND

The Alumni

OF THE

SCHOOL OF NURSING

METROPOLITAN GENERAL HOSPITAL

WINDSOR, ONTARIO

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THE SCHOOL PIN

The graduate leaving our school will take with her the school pin to wear as a symbol of her purpose in life as a nurse. The central figure on the pin is Hygieia, Greek goddess of health, with the serpent of wisdom entwined about her neck and arm signifying the application of wisdom and knowledge to the promotion of health.

The words SALUS HOMINIBUS, in literal translation "health and well being for all men," suggest a wealth of meaning. Included is a concern for all matters leading to the betterment of mankind with particular emphasis on the nurse's field of the healing art which serves all, regardless of race, creed, or economic and social status.

THE BEANIE

Inspiration for the school cap came from the skull cap, informally referred to as a beanie, worn by Jeanne Mance, the 17th century French lady who was a pioneer in Canadian nursing. First and second year students wear a navy blue skull cap with a detachable white cuff. The cap without the cuff is worn during community observations and experiences. Graduates and third year students wear a similar cap all in white.



HISTORY OF THE SCHOOL

The School registered its first class on September 7, 1954, and held its first graduation exercises on June 15, 1957. Although the hospital had been founded in 1929 it had not previously had its own nursing school. The school building, opened in 1948, housed until 1952 the Metropolitan School of Nursing, a demonstration school conducted by the Canadian Nurses' Association, which was discontinued at the end of its experimental period.

Aided by Dominion and Provincial grants the new hospital school was planned on the newer pattern of nursing education already in operation at the Toronto Western Hospital. Unlike the traditional hospital nursing school, which is organized as a part of nursing service, with the hospital depending on the students for staffing throughout their three year program, the new school is organized as a separate department of the hospital with its own director. For the first two years of the student program hospital nursing service does not rely upon students for service, therefore all student experience can be arranged for its educational value. This provides much greater opportunity for patient-centred care and student-centred learning. Relieved of the pressures of hospital service the student has more time for study, for reflective thinking, for recreation, and much greater emphasis can be placed on experience in the wards as a situation for learning the highest quality of nursing care. Relieved too, of long periods of night duty, more opportunity is given for instructor guidance of students, and for normal community living.

At the end of the second year of the program the student, having completed her basic undergraduate work and passed her school examinations, assumes responsibilities as staff nurse in the hospital nursing service. This third year experience, still under school guidance, augments and consolidates the learnings of the first two years.

PLACEMENT OF SUBJECTS

| FIRST YEAR | | SECOND YEAR |
|-------------------------------|----------------------------|--------------------------|
| First Term | Second Term | |
| Anatomy and Physiology | Medical-Surgical Nursing | History of Nursing |
| Chemistry | integrated in this | Maternal and Child Care |
| Fundamentals of Nursing | course are: | Medical-Surgical Nursing |
| Health | Anatomy and Physiology | Psychiatric Nursing |
| Microbiology | Diet Therapy | Tuberculosis Nursing |
| Normal Nutrition | Pharmacology | |
| Psychology and Mental Hygiene | Pathology | |
| Sociology | Socio-emotional Problems | |
| Professional Adjustments | | |
| Solutions and Dosage | | |
| THIRD YEAR | | |
| Contemporary Nursing | Senior Seminars in Nursing | |
| Medical-Surgical Nursing | Team Leadership | |
| Optional Nursing Experience | Ward Administration | |



MISS D. R. COLQUHOUN
Director, School of Nursing

A group of people organized to work together can accomplish a great deal more than a conglomeration of individuals making solo efforts. The fruits of such organized effort are shown in this second annual publication of "Bibs and Beanies" and I commend all who had a part in its production.

The school yearbook is but one of a variety of co-operative undertakings of the Student Association of the Metropolitan General Hospital School of Nursing. Each student broadens and develops her personality as she contributes to the Association; each student restricts her possibilities for growth as she avoids these responsibilities. Our professional organizations, the Registered Nurses' Association of Ontario, the Canada Nurses' Association and the International Council of Nurses, rely upon the strength which comes from an active, informed and working membership. The Student Association provides a training ground and a beginning affiliation for these later responsibilities as registered nurses.

In wishing God-speed to the 1958 graduates may I express the hope that the support given to, and responsibilities assumed for, the Student Association as undergraduates will be continued in your professional life in broader fields of activity. As you mature and develop in the constant learning experiences of life may your contribution to the professional organization grow with your capabilities.

Miss Dorothy R. Colquhoun
Director, School of Nursing



MR. ROBERT BUCKNER
Administrator of Hospital

I should like to congratulate the students responsible for getting together this second Annual Yearbook of the School of Nursing, Metropolitan General Hospital.

I know that as experience is obtained, each year this Annual Book will become more of a treasure, not only to the Students of the School, but to the former Students, in the years that lie ahead.

Again congratulations on a fine effort.

ROBERT BUCKNER
Administrator



MISS R. THOMPSON
Director of Nursing Service

The progress made by the students of our School of Nursing has been of great interest to many in the profession and in the community.

Growing respect and confidence in the ability of our students has been evident as they have, so capably, accepted their responsibilities as members of the health team.

On this occasion of the second edition of "Bibs and Beanies" Nursing Service staff extends to each student, congratulations and best wishes for the future.

Ruby F. Thompson, Reg.N.
Director of Nursing Service

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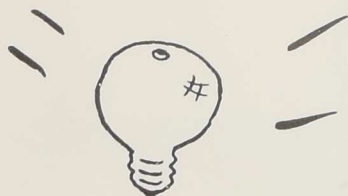
MISS R. THOMPSON


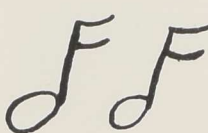
MISS A. VAUGHAN



MRS. H. VAUGHAN

DR. S. YOUNG

A PASSING



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  USUALLY  S AS THOUGH

THEY WERE  DURING 

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JOAN WALSH



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PATRICIA WEARY
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JOAN WALSH
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Bibs and Beanies 1958, has been an attempt to record a year in the life of every student in the school. We have tried to capture the comic, the serious, and the dignity which have been mixed together this past year.

To the graduates, we hope this book will help you to cherish always, your training years and your residence life. In future years as you read this book, we hope that fond memories will be made as vivid to you as if they had happened yesterday.

To the undergraduates, we hope this book gives you a challenge. A challenge to continue and better the many activities in the school; and to uphold the high school standards which we are so fortunate to have.

On March 12th, the yearbook executive presented a Fashion Show for the students and their friends. It proved to be a great success. Perhaps in future years, this will become a tradition with the yearbook executive. I would like to thank everyone who made our first Fashion Show a success.

Also, an exchange system of yearbooks was started this year. We were pleased to receive books from Toronto General Hospital, Hospital For Sick Children, Toronto, and from the University of Saskatchewan School of Nursing. We hope the future exchanges are a great success.

I personally would like to extend thanks to my executive, and others for their work. Without them, I could not have compiled this yearbook.

May this book always recall to you, "Life at the Met."

Joan Walsh, Editor

EXECUTIVE



SEATED, Left to Right: B. L. Lensen, J. Walsh, J. Pace. STANDING, Left to Right: B. Jackson, S. Soutar, P. Vane, S. Vodarek, P. Weary.

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STANDING, Left to Right: Loretta Handrigan, Elizabeth Frew, Gail Penman. SEATED: Pat Pickering. ABSENT: Anna May Kiraly, Wilma Gibson.

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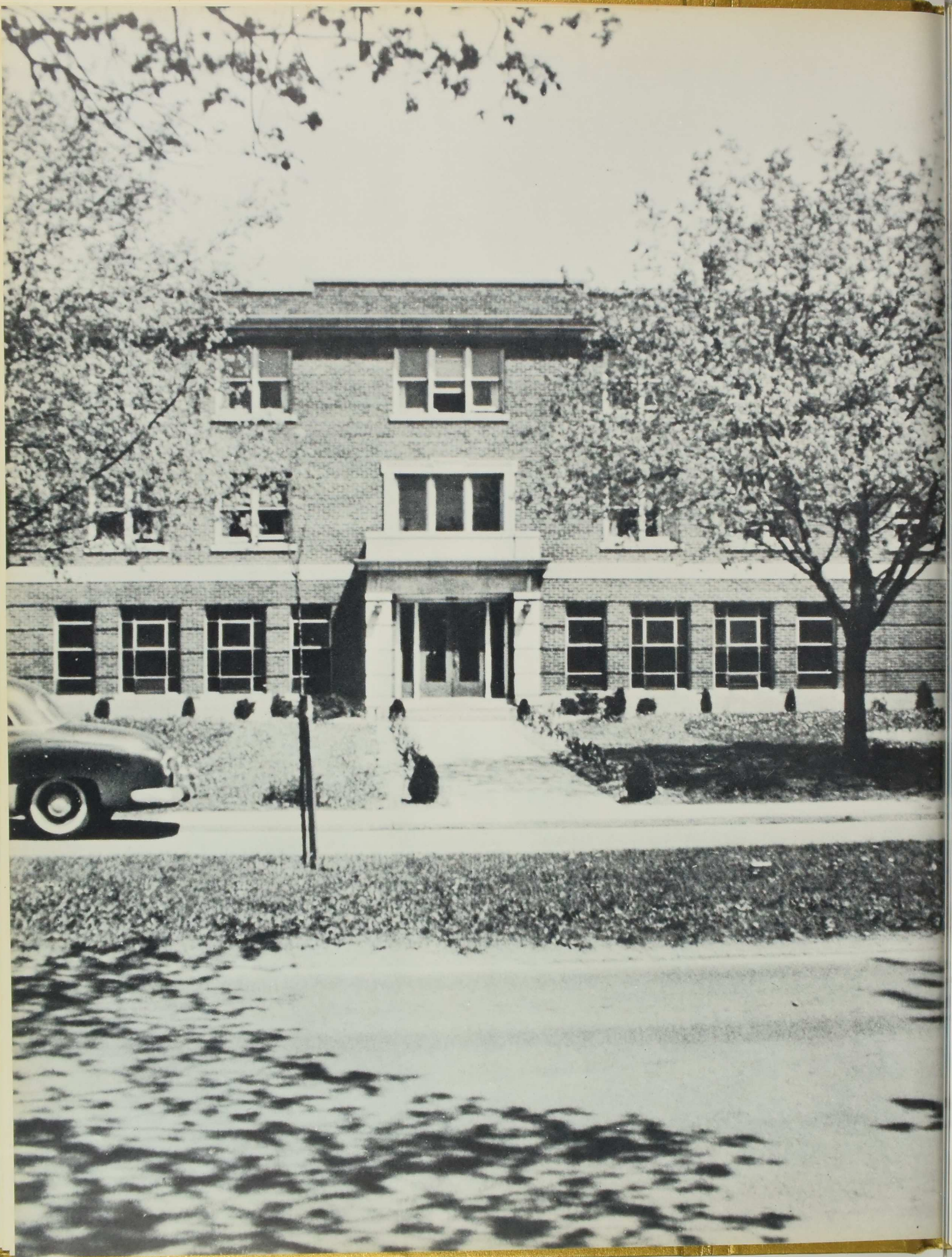


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**STUDENT
ACTIVITIES**

Lampadian Society



LORETTA HANDRIGAN



MURIEL AYLESWORTH

Unique is perhaps the word to describe the student governing of our residence and school. It is, exactly as stated—student governed. Our advisers feel that students should learn and execute democratic government—which is thus self-government.

The student association is entitled "The Lampadian" and has the required executive officers to fulfill its duties. Undoubtedly our busiest committee and our most startling—in comparison to other schools—is the House Committee. Its head and members, all students, are the regulators of residence life. An honour system is naturally a necessity.

All students have a great responsibility to their school association and this responsibility must be even greater in the executive members. As president, I would like to thank my executive and all the students for their co-operation in 1958; and to express best wishes to the new executive and students of 1959 and onwards.

Loretta Handrigan

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BETTY LENSEN

Finance

MARILYN LEGGETT
SHIRLEY HYATT

Class Presidents

JANET MACKINNON
BARBARA JACKSON
KAREN SHANKS

CAROL MENZIES
Secretary

PEARL VANE
Treasurer

Social

PATRICIA WEARY
DONNA SPENDLOVE

Metro Matter

NATALIE CIURYSEK
JUNE MILLS

EXECUTIVE



SEATED, Left to Right: M. Aylesworth, L. Handrigan, C. Menzies. STANDING, Left to Right: N. Ciurysek, J. Walsh, M. Leggett, P. Vane, B. Jackson, P. Weary.

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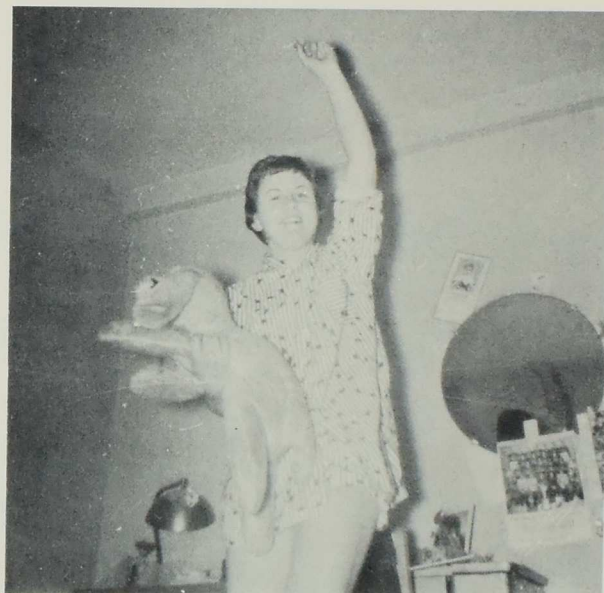
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NATALIE CIURYSEK



PATRICIA COOKE

House Committee

The main purpose of the House Committee is to enforce the rules of the residence. The committee itself is represented by each class but the remaining student body does its share in law enforcement by taking monitor and hostess duty a week at a time. Each student averages two weeks of hostess duty during our three year training period.

The House Committee meets weekly to check the late leave books, alter or introduce necessary rulings which provide a congenial atmosphere for everyone.

Enjoyment is curbed by the penalty of sitting hostess on the students' day off. Only three infringements of the residence rules constitute a penalty.

An expected obstacle we have encountered during our term in office, is the initial reluctance of a fellow student to accept the committee's decision. The co-operation granted us has been accepted gratefully. We only hope the penalties appear minor in comparison with your enriched maturity; for only a mature person can admit to her wrongdoing and gracefully accept her penalty.

We would like to take this opportunity to wish your continuing success with the House Committee, an integral part of our student government.

Natalie Ciurysek

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MARILYN LEGGETT

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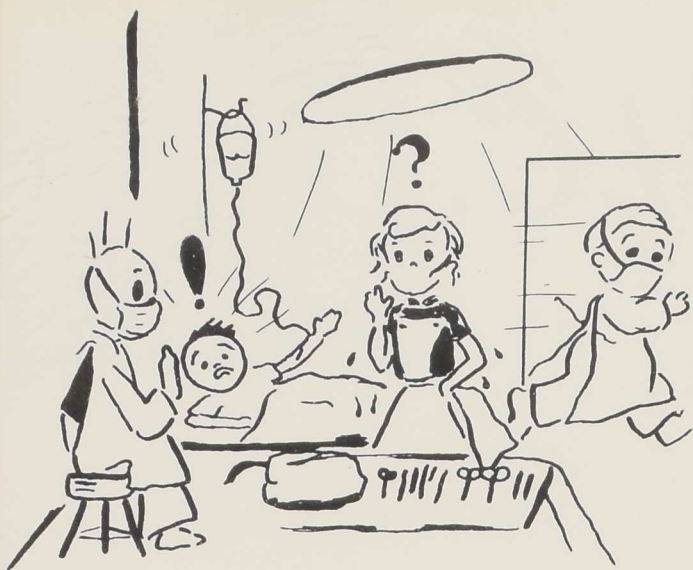


Left to Right: Pearl Vane, Shirley Hyatt

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DIANE SHUSTER

N.C.F.

EXECUTIVE

PresidentDiane Shuster
 Vice-PresidentEvelyn Costescu
 SecretaryMarjorie Hill
 ReporterJune Mills

N.C.F. is a world-wide organization, for Christian Fellowship among student nurses. This group meets for one hour weekly from 6:15 to 7:15, for planned fellowship with a Christian theme. Earlier in the year, meetings were held on Wednesday evenings, but due to other activities interfering with that evening, the meetings were changed to Monday evenings in the new year.

This year, a rather interesting programme was drawn up for mutual enjoyment of the students, as well as being a source of spiritual enlightenment in their lives.

The programme at each meeting consists of a speaker, or on occasion, films or slides. A few hymns are enjoyed by all—sung from the Inter-Varsity Fellowship Hymn Book. Our nurses Christian Fellowship is only a small part of a world-wide organization for fellowship of students and young adults of all races.

Many have found valuable information in a game of "Twenty Questions" on the Bible, or "Who am I," based on biblical characters. Many have also gained from devotional studies on the Bible led by students or our capable leader and adviser, Mrs. Stevens.

In December a Christmas social was held. The Christmas story was read from the Bible, carols sung, and lunch served.

In all of our meetings the importance of "Prayer" in our lives is emphasized and as often as can be arranged a group of students meet together weekly, for quiet devotions and a short prayer. As it is said by the Lord in his preachings; "Where two or three are gathered together in My name, there will I be also."

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C.S.O.

"My life is a prayer day and night, given unreservedly to God. I wake in the morning to place myself at His service and command. I know I am doing His work as He guides me and gives me the necessary strength, knowledge, patience and inspiration."

We of the Catholic Students' Organization have taken "knowledge" as our aim. With the help of Father Paquette, our chaplain and spiritual advisor, we have met weekly to discuss "Nursing Ethics," especially as it applies to student nurses. As future nurses, we will be confronted with problems concerning our Catholic patients, as well as other ethical aspects of our profession. We must have the knowledge to help us solve these problems.

Our course is divided into two parts:

- (1) The Moral and Ethical Principles of Nursing. This covers such topics as: Basic Principles of Nursing Ethics and Problems Relating to the Origin of Life.
- (2) The Nurse's Spiritual Life, which includes such topics as: Christianity's Answer to the Problem of Suffering, and The Ideal Nurse.

The opening paragraph was a quotation from Sister Kenny, which expresses the conviction that nursing is not just a job; another way to earn a wage, but it is a vocation. "We call it a vocation," says Pope Pius XII, "because the person who embraces the profession of a nurse responds to the call of Christ's Charity. Come, blessed of my Father, Christ will say to you on the Day of Judgment, for I was sick and you visited me—whatever you have done for the sickest, you did it for Me."

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NATALIE CIURYSEK



JUNE MILLS

Metro Matter

For the school year 1957-'58, we would like to offer appreciation to those who gave assistance to your school paper "Metro Matter." However, only two editions were published this year. A holiday issue is believed to be forthcoming.

When you elect your editor and staff next year, get behind them again, and see if you can't top production in 1959.

June Mills

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STANDING, Left to Right: Carol Kipps, Loretta Handrigan, Elizabeth Frew. SEATED, Left to Right: Natalie Ciurysek, June Mills.



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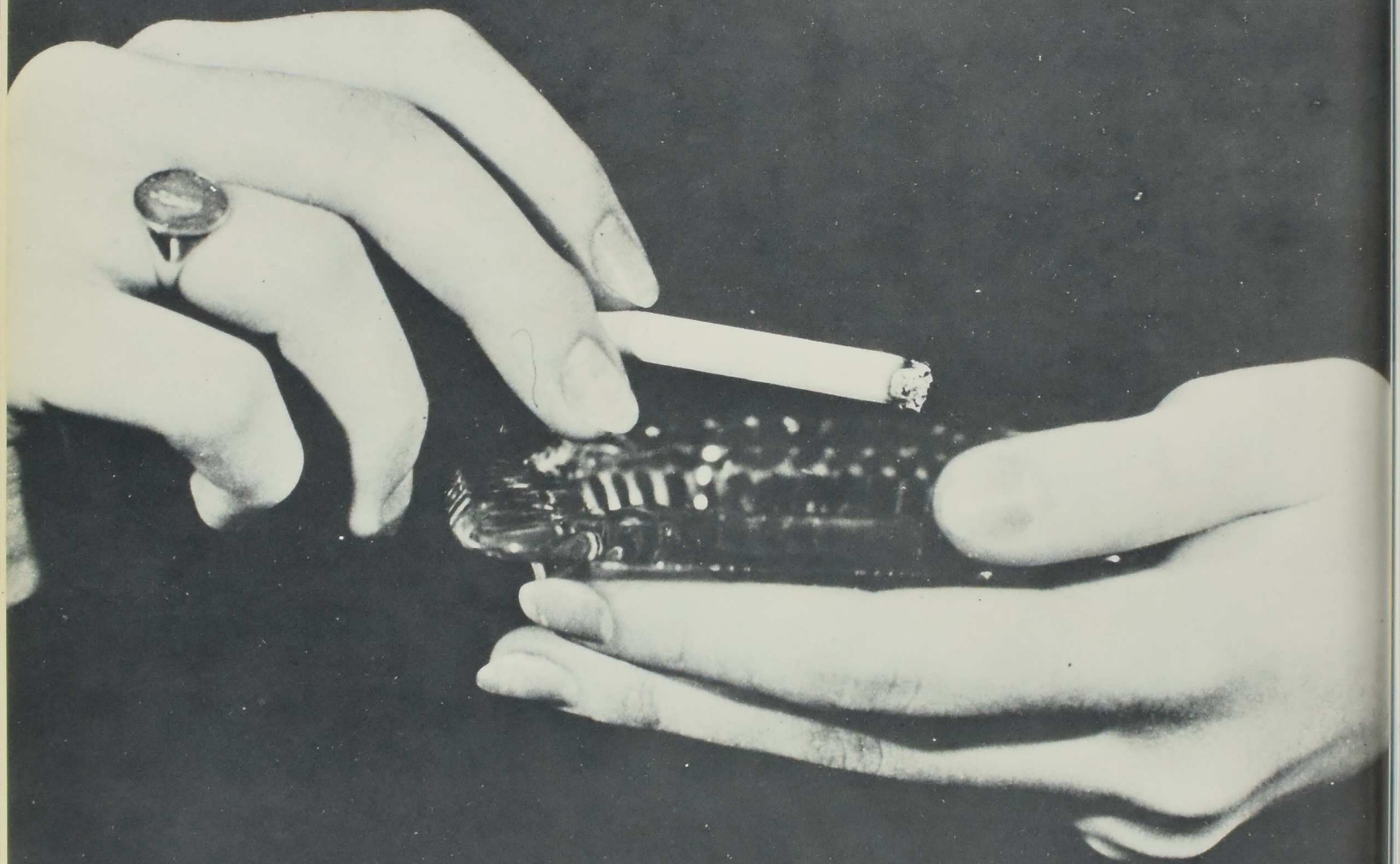
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- Forgot to put the flame out on the alcohol lamp and sort of burnt the atropine.
- Powdered the doctor's hands with aluminium powder.
- Threw the thermometer down the chute and kept the soiled diaper in her hand.
- Threw the contents of a "k basin" down the laundry chute.
- Put the sterile gloves up to her mouth and inflated them as she had been told to do.
- Injected novocaine instead of distilled water.
- Put corn syrup on her patient's head.
- Put a patient on the bed-pan, without removing the pyjama bottoms.
- Carried a fecal specimen to the laboratory in a piece of gauze.
- Suddenly developed diabetes while in the kitchen on Paediatrics.
- Literally drove up the front door of the residence.
- Blew all the lights at one end of the first floor of the residence.
- The visitors thought had ringworm because she was wearing a turban.



PATRICIA WEARY

Social Committee

As head of the Social Committee, I would like to thank my committee members for helping to organize our various parties, and to thank all the students who helped make these activities a success.

I hope that next year, the Social Committee will have as much fun planning the school social functions as we have had. I hope our experiences will benefit them.

Patricia Weary

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SOCIAL

Well, another year has come and gone; and we all look back on it with fond memories of our social functions.

To start the year off, a halloween party was held here; a "hen party" where many original costumes were presented. The new junior class provided the entertainment for the evening, one act being "Shot-Gun Wedding." This proved to be a huge success. Refreshments were served, the guests being greeted by a witch at the refreshment stand. Everyone really enjoyed themselves.

At the beginning of September, there was also another party. The senior class went to Marios after their capping ceremony. Several girls' birthdays were also celebrated that night.

To continue the social whirl, the Sputnik Spin proved to be a favourite also. The gentlemen were invited to this, and everyone was supposed to don a space hat of their own creation. Prizes were offered for the best hats and favours (rockets) were handed out. A great many of the students and escorts were present and had a terrific time.

Monthly parties were held. One of these was a Fun Nite. Here, cards, ping pong, checkers, and dancing were offered. Those lucky winners at the bingo games received prizes. Everyone who attended had a wonderful time afterwards eating doughnuts.

In March, the intermediate year gathered at the Metropole to celebrate their Half-Way party. This was also a hen party, but somehow one male admirer was present towards the end of the evening.

The highlight of the year is the annual formal; held this year on Valentine's Day, February 14th. It was entitled "Heart to Heart." After weeks of making and checking arrangements, the day (or should we say night) arrived. The attendance was excellent. A good time was had by all; music was provided by Bill Richardson and orchestra; and many lovely formals were seen.

Just before Easter, the yearbook executive sponsored a Fashion Show. Girls from all three classes modelled; and everyone said what a professional performance they gave. Miss Arpin was the commentator. Local stores furnished us with a lovely array of outfits. Coffee and cookies were served afterwards.

In April the senior class gave the other two classes a party. Entertainment was provided by the seniors and afterwards lovely refreshments.

Thus another year in the history of our great nursing school draws to a close. For some, it is the final year—the end of student days. But, no number of years to come can erase the memories partially made possible by our social activities.

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BASKETBALL



STANDING, Left to Right: J. Boyce, M. Aylesworth, S. Soutar, B. Jackson, E. Porter, J. Sexton. SEATED: C. Morrice, D. Baston, L. Handrigan, J. Curley, D. LaPorte.

The basketball season for 1958 was officially underway January 7th with our first game versus Teen Town. Our league of the Windsor and District Church Basketball Association was made up of four teams: Central United, St. Paul's United, Teen Town, and Metropolitan Student Nurses.

Our schedule consisted of a home and away from home series. We are proud to say Metropolitan Nurses finished in second place.

On February 22nd, Metropolitan played an exhibition game in Sarnia versus St. Paul's United. This was a new experience and we are hoping to play more out-of-town games in the future.

Our thanks to Jack Boyce and John Sexton who devoted much of their time and energy to coach our team for the second season.

M. Aylesworth
Team Captain



BADMINTON

Y. W. C. A.



VOLLEYBALL

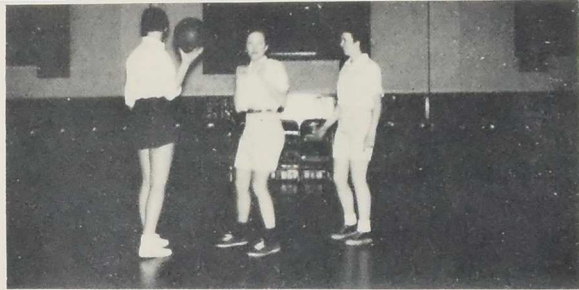


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2310 Walker Road,

Sandy and his lass had been sitting together about half an hour in silence.

"Maggie," he said at length, "Wasna I here on the Sawbath night?"

"Aye, Sandy, I daur say you were."

"An' wasna I here on Monday night?"

"Aye, so ye were."

"An' I was here on Tuesday night, an' Wednesday night, an' Thursday night, and Friday night?"

"Aye, I'm thinkin' that's so."

"An' this is Saturday night, an' I'm here again?"

"Well, what for noo? Im sure ye're very welcome."

Sandy (desperately): "Maggie, woman, dae ye no' begin to smell a rat?"

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CAPPING CEREMONY



I said to a man who stood at the gate of the year, "Give me a light that I may tread safely into the unknown," and he replied; "Go out into the darkness and put your hand into the hand of God—that shall be to you, better than a light and safer than a known way."

Alone she came from the darkness into the light of the taper. She stood momentarily and removed her cap which was replaced by a white one—a symbol of service. From the flame she lit her candle. As she took her place in line, eighteen candles burned brightly.

To each, comes an exact moment when responsibility is felt, purpose is realized, and ambition relived. Armed with knowledge and love of service each is confident of fulfilling her task.

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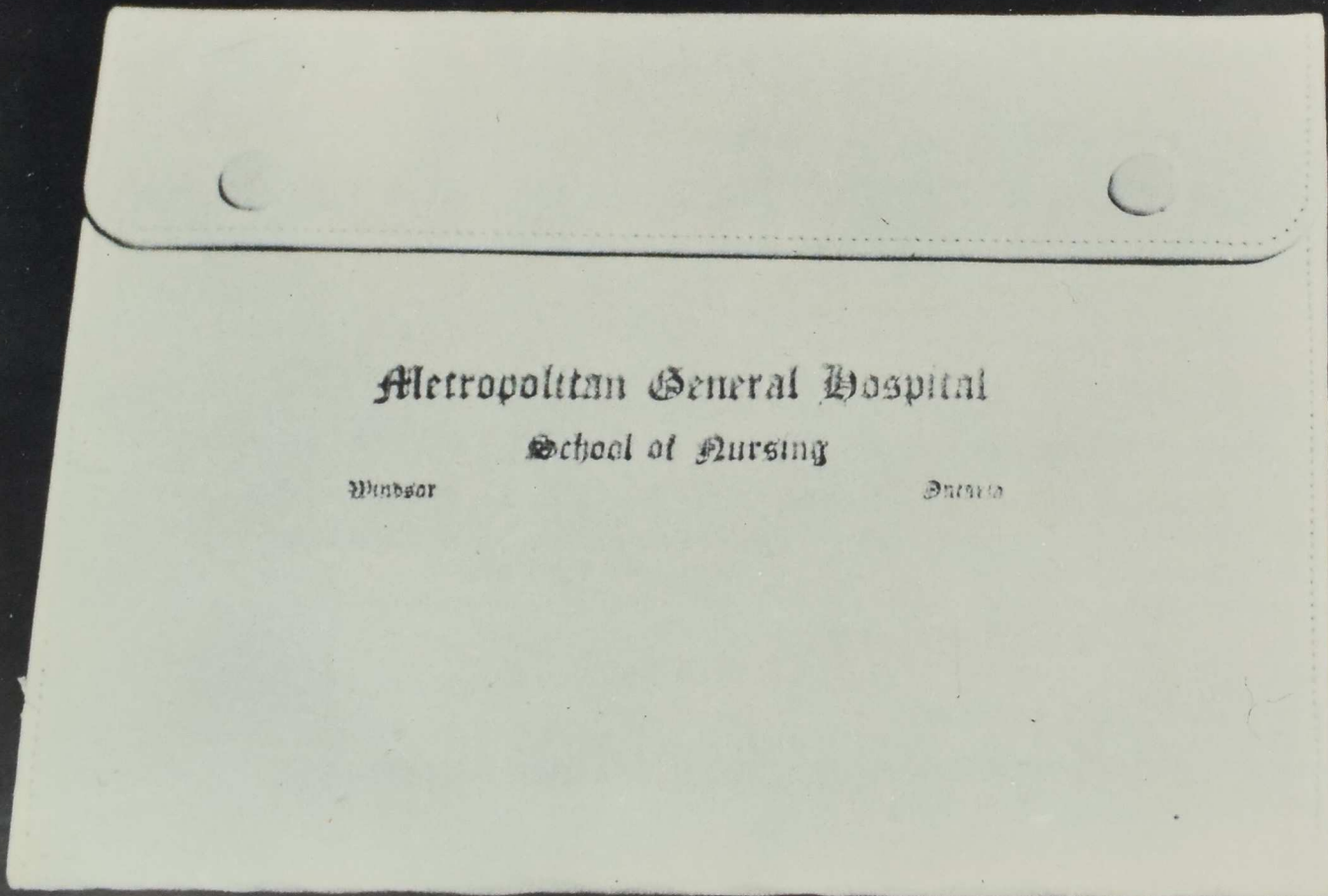
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Metropolitan General Hospital
School of Nursing

Windsor

Ontario



GRADUATION

CLASS OF 1958



We cannot lift the veil which hides the future,
We cannot see the path which must be trod.
We only know the "Way of Faith" leads upward
And ends at last in Light and Love and God.
We cannot tell how many rugged mountains
Or shadowed valleys we shall have to cross,
We only know, the Lord our hand enfolding
And leading us, the way will not be lost.
The way before us all unknown, but ever trusting
In Him who lived this life and knows the way,
We surely know His word and presence always
Will courage give and strength for each new day.

Author Unknown



Janice Atkinson

H: Blenheim
A: Architect
P: Let's blow a fuse Lizibut
D: Teen-age delinquent
N: Hot jazz on a pie-anno



Natalie Ciurysek

H: Hamilton
A: Fly her Rocket "98"
P: What are you working for—a heart attack?
D: \$30 or 30 days
N: Hair styling—
Hair today, gone tomorrow



Elizabeth Frew

H: Grand Falls, Newfoundland
A: To own a million pair of shoes
P: I don't care what it looks like, how much did it cost?
D: We can't tell, but Nfld. has Canada's highest birth rate
N: (accent) Bottle it, Simmons



Loretta Handrigan

H: Windsor
A: Nurse
P: Well now just a minute kid\$, the way I see it is
D: Leamington
N: Gum, gum, and more gum



Florence Josh

H: Petrolia
A: Physics or Physical
P: It's all in the way you don't say it
D: M.R.S. degree
N: Hair fashion—Guess I'll dye it green—got a new dress

ABBREVIATIONS

H: HOME TOWN
A: AMBITION
D: DESTINY
P: PHILOSOPHY
N: NOTED FOR



Muriel Laramie

H: Riverside
A: Accomplished
N: Her smile



Marilyn Leggett

H: Leamington
A: To drag a "Caddy"
with her Pontiac
P: If you're going to
fall in love, he
might as well be rich
D: Cleaning Pat Boone's
white bucks while
watching the
Montreal Canadiens
N: Trying anything once



Janet MacKinnon

H: Riverside
A: Real estate
P: Let's face it, they
get you coming and
going
D: United Nations
Debating Team
N: Latest gossip



Pearl Molnar

H: Port Colborne
A: Assistant to
Dr. A. Schweitzer
P: Well dog my cats
D: Outpost clinic in
Siberia
N: Get up everyone
(5:00 a.m.)



Janet Morris

H: Riverside
A: Travel Far
P: Smile
D: Well not too far
N: Sing Rogah, sing,
don't squawk

ABBREVIATIONS

H: HOME TOWN
A: AMBITION
P: PHILOSOPHY
D: DESTINY
N: NOTED FOR



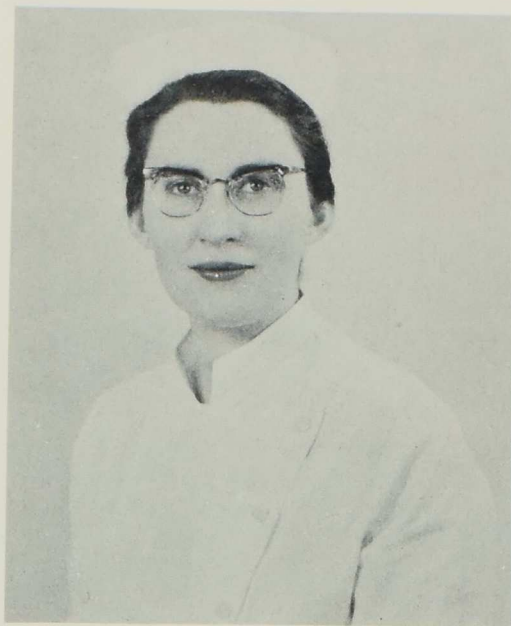
Sharon Oliver

- H: Sault Ste. Marie
- A: Housewife
- P: I like the trees
because they are above
small things
- D: Be a boy's singer in
local saloon
- N: Sweet smile



Dorothy O'Neill

- H: Fredericton, New
Brunswick
- A: School Teacher
- P: Here goes nothing—
it doesn't matter
anyway—it will be
interesting to see
what happens
- D: To pitch horse shoes
- N: Always being in the
worst trouble after
the best intention



Jean Pace

- H: Paisley
- A: P.H.D.
(pay, home and dog)
- P: If I can't do it now,
just give me time
- D: Hostess in the
Mardi Gras Room.
- N: There you are Nellie,
3 uniforms
5 bibs
5 aprons



Gail Penman

- H: Barrie
- A: To create a healthier diet
for mackerel snappers
- D: House Mother of
Local Fraternity
- P: Never create a situation—
Don't ask her
- N: Dior Fashion—(baggy grey
sweater, jeans, desert boots)



Eleanor Priess

- H: Dresden

ABBREVIATIONS

- H: HOME TOWN
- A: AMBITION
- D: DESTINY
- P: PHILOSOPHY
- N: NOTED FOR



Jeanne Saumure

H: Port Colborne
A: To rise above—
in stature
P: Je m'en fiche
D: Pete's Place—
Jeanne here
N: TV parties
Here Nat, you hold
the antenna



Marilyn Simmons

H: Sarnia
A: Mechanic
P: Have key—will
travel
D: Build her Spudnik
N: Four no trump eh—
Double it



Elizabeth Tkatchuk

H: Tecumseh
A: To supply Russians
with dog for next
satellite
P: If it's bad, I'll
do it.
D: Moon
N: Confirmed pyromaniac



Ida Urban

H: Windsor
A: To tell a joke
P: You can't make noise
until after 12 mid.
D: Well, that's a joke
N: Bill collecting



Shirley Vodarek

H: Leamington
A: Mrs. Canada
P: He who laughs last,
laughs loudest
D: Tomato picker
N: Hilarious chuckle
with everyone else
getting an
infringement

ABBREVIATIONS

H: HOME TOWN
A: AMBITION
P: PHILOSOPHY
D: DESTINY
N: NOTED FOR



PEARL MOLNAR

VALEDICTORY ADDRESS

For today—a hope realized; for yesterday a memory cherished and dear; for tomorrow—a challenge of new experience.

Our initiation to the School of Nursing at the Metropolitan introduced us to a realm of new knowledge contained in the text book of anatomy and physiology; the text book of medical and surgical nursing, the text book of microbiology, the text book of sociology and psychology. The first year also introduced new skills repeated in the classroom, demonstrated on wards, and perfected as we improved in our nursing care of patients. First year also introduced Riverview Hospital and the patient with long term illness, the treatment and rehabilitation necessary for recovery.

Second year gave us the opportunity to observe the wider community health and welfare services: the Victorian Order of Nurses caring and teaching in the home; the Public Health Nurse in the schools and various clinics; the Red Cross where the handicapped child learns that his handicap is but another obstacle in this life which through his cheerfulness and determination can be overcome; the Nursery School where the healthy pre-schoolers begin to learn to play with instead of alongside of each other. Second year also revealed obstetrical nursing—the mother and her new born; then pediatric nursing where Jimmie, whether he had measles or a broken leg, won many a heart with his toothless grin; then to the Operating Room and Emergency Room where was observed the dramatic world of the surgeon.

Third year gave to us the opportunity to develop judgment, to bear heavy responsibility—to organize our work for the total ward in evening and night duty as well as day duty. Yes, today signified by the receiving of pins and diplomas is the culmination of three years of striving and accomplishment.

However, today is also the climax of three years of memories, which may become faded but never forgotten. The first day we entered Metropolitan School of Nursing we saw many strange faces which before long became friendly familiar faces, someone from whom we could borrow a dress, someone with whom to review classes and ward experiences, someone to laugh and cry with and yes, someone with whom to argue. Put away also in the diary of memory are the many class parties, the formal dances each year, the swimming class at the Y in the winter, the tennis games at the park in the summer; gone too are the familiar refrains of "Moonlight Bay" by the orchestra on the top floor, and the old refrain of "Teddy Bear" by the quartet on the first floor; nor can be forgotten the thank you for the kitchen staff who served our meals and managed to give us that extra cookie as we came off duty; and to the housekeeping staff who vacuumed the rooms and dusted the desk before the monitor came to check our rooms for tidiness. Never to be forgotten is the guiding hand of all our instructors and Miss Colquhoun who must have often shaken their heads in hopeless amazement at our pranks and questions and yet who have always been ready and willing to offer advice when it was needed most, whether it be ward work, plans for parties or personal problems. Never to be forgotten the encouragement and interest shown by the entire staff of the hospital nor the wonderful people for whom we cared, their understanding and their patience.

Tomorrow wherever the path leads: to bedside nursing, to public health, to supervision, the past three years have given us the precious knowledge and experience that will "make us better women, for happiness lies in the absorption of some vocation that satisfies the soul, that we have here to add to what we can, not to get what we can from life."



"Memories which may dim but will never be forgotten"—certainly these words well apply to our graduation.

The whirl began with a delicious dinner at the Elmwood a week preceding the graduation. This was followed on the 10th by a get-to-gether dinner at the Metropole—smorgasbord. A glorious surprise indeed for us came when Mr. Drakich announced that the dinner was "on the house."

The Golden Day began, for a few students, at 6:30 a.m. when they slipped off to St. Barnabas for special communion served to them by Rev. K. C. Bolton.

In the homes of some of the students there was a bustle of happiness and general confusion as they made last minutes preparations for their "open-house" or reception for the all important cocktail party at "the Apt."

"Please be ready at 1:15" were the orders and so at 1:30 the Class of '58 was together, perhaps for the last time in the upper hall of 2240, with "would you please do my cuffs?" "don't step on my shoes," and "I wonder where Sharon is?" They trooped out to the awaiting carriage—"and they stood all the way"?—they didn't want to crease their uniforms.

Mr. Buckner spoke and the processional began—and twenty proud and nervous ladies marched to "Pomp and Circumstance" to their seats of honour. Trembling voices sang "O Canada" and Rev. Lawson asked for a blessing for each of the new graduates and guidance for her future.

Mr. Hoba, Chairman of the Board of Governors, gave a warm welcome and Mrs. Montrose, on behalf of the city of Windsor, congratulated the class.

Miss Arpin presented each member of the class for the conferring of pins by Miss Colquhoun and awarding of diplomas by Mrs. Vaughan.

Well-earned awards were presented to Loretta Handrigan for First General Proficiency and to Janet Morris, Ida Urban, and Shirley Vodarek, for Second General Proficiency.

Miss Edith M. McDowell, Dean, School of Nursing, University of Western Ontario, gave the address to the class in which she encouraged us to keep our standards high and also thanked those all important people—the parents, for their part in today's graduation.

The valedictory address was given in true style by "Perki" Molnar and each new grad felt a pang as they realized that this was their classmate, their speech, and their day.

The exercises were followed by a reception held at the residence.

Twenty ladies in white danced the night away with their guests at their prom later that night. And quite a cherished memory was the sight of our Miss Colquhoun jiving with Bob Muirhead.

Parties continued after the prom at "the Apt" and the home of Dr. Echlin with happy people partaking in group singing—the sun rose and twenty pairs of tired feet crept home—some to sleep and others off to the Bel-Air for breakfast.

And so a Golden Day became a "memory which may dim but never be forgotten."



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The second Graduation Exercises of the School of Nursing, Metropolitan General Hospital will be held on Saturday, June 14, 1958.

We believe that our educational programme will become the accepted programme throughout the country. The members of our School have established an excellent reputation not only in their studies but their courtesy and understanding in the care of patients. Added to this they have blended in very well with the Nursing staff.

We offer our congratulations to the second class to graduate and we look forward to each class reaching the final stage of their training at our Annual Graduation Exercises.

We are proud of your record and know that you will contribute a great deal to the Nursing profession of our country.

JOSEPH HOBA
Chairman, Board of Governors



BACK ROW, Left to Right: G. Penman, J. Morris, E. Tkachuk, I. Urban, M. Simmons, M. Leggett, J. Pace, L. Handrigan, M. Laramie, P. Molnar, J. Atkinson, S. Vodarek. FRONT ROW: J. MacKinnon, F. Josh, N. Ciurysek, J. Saumure, E. Frew, S. Oliver. ABSENT: E. Priess, D. O'Neill.

CLASS OF 1958



BACK ROW, Left to Right: J. Bouvier, S. Hyatt, A. Rahm, D. Shuster, V. Ilnicki, J. MacMillan, M. Aylesworth, E. Porter, J. Jensen, C. Haswell. MIDDLE ROW: C. Kipps, J. Bateman, J. Walsh, J. Mills, O. Martyniuk, M. Prociuk, M. Coupland, S. Soutar, E. Costescu, P. Weary. FRONT ROW: M. Hill, M. Moore, B. Lensen, B. Jackson, P. Cooke, E. Santo, C. Menzies.

CLASS OF 1959



BACK ROW, Left to Right: A. Nakashima, P. Spooner, P. Dobson, C. Morrice, J. VanRooyen, P. Vane, J. Hulbert, C. Terron, J. McNeil, K. Shanks. MIDDLE ROW: D. LaPorte, D. Baston, P. Duquette, C. Stevens, V. Heath, N. Ferriss, M. Krause, L. Holmes, A. Stipsky. FRONT ROW: U. Yaworsky, J. Curley, G. MacLean, S. Morrin, D. Spendlove, E. Scratch, E. Bateman. ABSENT: R. France.

CLASS OF 1960

CLASS EXECUTIVES

CLASS of 1960



Left to Right:
Karen Shanks, President
Lynn Holmes, Sec.-Treasurer

CLASS of 1959



Left to Right:
Marjorie Hill, Sec.-Treasurer
Barbara Jackson, President

CLASS of 1958



Left to Right:
Janet MacKinnon, President
Elizabeth Tkachuk, Sec.-Treasurer

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Some people do not seem to grasp why they were given two ears and only one tongue.



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 1566 Tecumseh Road, East

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 THE SWANK SHOP
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Men's Furnishings *Ladies' Sports Wear*

Fond Parent: What does my daughter do with her weekend?

D.R.: Judging by her work lately, I think she merely hangs her cap on it.



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 THE PRINCE EDWARD HOTEL
 MR. WEIR

INCORPORATED 1925
Registered Nurses' Association of Ontario
33 PRICE STREET
TORONTO 5, ONTARIO

November 1, 1957.

Re File # 1000.

Class of 1957,
School of Nursing,
Metropolitan General Hospital,
Windsor, Ontario.

Dear Class:

Notice is hereby given that you have successfully passed the examination for nurse registration in the Province of Ontario.

IN ORDER TO COMPLETE YOUR APPLICATION FOR REGISTRATION AS A REGISTERED NURSE OF ONTARIO, you are required to forward:

1. Registration Fee of \$10.00.
2. The enclosed remittance slip completed in as many details as possible.

You will please note that, while you have passed the examinations, you are not registered in Ontario until you have received your certificate of registration.

Yours sincerely,
Registrar.

ALUMNAE

EXECUTIVE



Left to Right: Nora Parr, Doreen Dulmage, Patricia Pickering. Absent: Marilyn Wilson.

Any Alumnae Association immediately brings to mind the image of a select group of matrons, skilfully pooling their talents to "donate" to their Alma Mater; and telling students and new members alike how much better things were in the old days!

A look at the current Metropolitan General Hospital Alumnae Association shows a group of young matrons with their unmarried contemporaries, comparing notes on "who's doing what? where?" every second Tuesday of the month. Yes, we too pool our talents, but the donations are yet scarce, and the "good old days" aren't too far gone!

Our distinctive organization is still so new that it offers committee positions for nearly every participating member, from Madame President, wielding the gavel, to the Honorary Meeting Attender providing the background of chatter. The meetings invariably strike a nostalgic note as someone summons up remembrance of past training days and consciences are bared.

Yet, aside from being a monthly conversational get-together with our classmates, our Alumnae has proved to be an iron bond with our graduates moved away from our home hospital. It is a golden chain linking past and present, with the promise of a long line of year pins to be added.

Congratulations Graduates of 1958! Your Alumnae Association Welcomes You.

P. R. Pickering, Reg.N.

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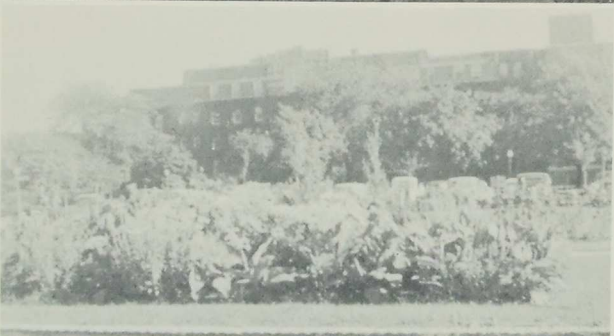


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the license number of the car.



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CL 4-9271

WHO'S WHERE?

MARIE DOWNER: Detroit—married—working on O.B. at La Grace.

DOREEN DULMAGE: Windsor—married—working general duty at Metropolitan.

WILMA GIBSON: Windsor—working on O.B. at Metropolitan.

ADDIE HLENSKY: Windsor—Industrial Nursing at Truscon Steel.

PAT HURST: Chatham—married.

GWEN MILLER: London—Western University.

NORA PARR: Windsor—working in the Cancer Clinic at Metropolitan.

MARILYN PETERSON: Ruthven—married—working at the Leamington Doctor's Clinic.

KATHLEEN MACDONALD: Windsor—married—working general duty at Metropolitan.

NOREEN KELLS: Petrolia—married—general duty.

ANNE MERRIAM: Guelph—general duty.

MARY JEAN KIDD: London—married—Specialing.

ANNA MAY KIRALY: LaSalle—married—working general duty at Metropolitan.

PAT PICKERING: Windsor—working at Metropolitan.

BARBARA RIGG: Windsor—married—working at Metropolitan.

MARY LOU STUART: Windsor—married—working at Metropolitan.

MARY KOBE: Windsor—Assumption University.

SYLVIA LACYK: Windsor—working at Metropolitan.

LYDIA LUCUTA: Windsor—working at Doctor's Hospital, Detroit

JANE TROWE: Windsor—married—working general duty at Metropolitan.

MARILYN WILSON: Windsor — general duty at Metropolitan.

LOUISE WOOD: Alberta—married.

BURSARIES

Miss Mary Kobe received the Victoria Order of Nurses' bursary for Assumption University, Windsor

Miss Gwen Miller received the Victoria Order of Nurses' bursary for Western University, London

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THE ALUMNAE ASSOCIATION

of the

SCHOOL OF NURSING, METROPOLITAN GENERAL HOSPITAL



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The Nurse

Hark! Hear you not the surging beat,
The muffled tread of many feet;
The mystic throb of straining hearts
Kept pulsing by their practised arts?

These are the angles of the night,
Who banish pain, and put to flight
The cares and anguish of the soul.
They work to save us from death's toll.

In heat of day and still of night,
Their tread is heard in constant flight,
Soft spoken voices murmuring,
As peace and joy and strength they bring.

Self-sacrifice to them is naught
Who toil unceasingly for aught;
And yet their patience seldom ceases,
As starched white aprons gather creases.

The days are long, the hours slow,
But on they toil, as if to show
That they will fight for life's sweet right,
And save mankind the "Reaper's" bite.

These are the nurses skilled and wise,
With kindness in their sparkling eyes.
For comfort here, assistance there,
They give. For them I raise my prayer.

J. S.



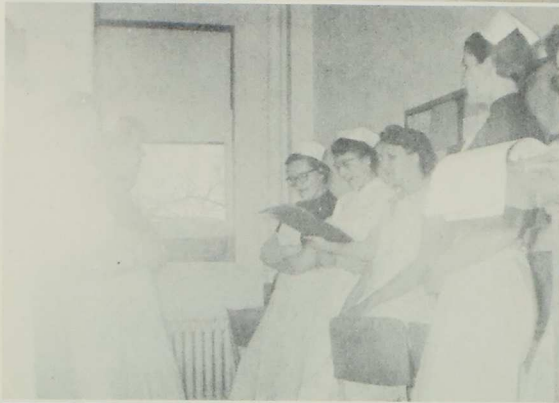
FIRST MAIN

Up the steps and turn to the right,
Bed-pan alley—what a sight!
Urinals, air-rings, siderails too,
Enough to make a student blue.
The patients are dear and the staff is kind,
So nursing there is mighty fine.



FIRST WEST

To our left is a medical floor.
Hustle and bustle at every door.
O₂ flowing, and I.V.'s dripping
Vacated beds I'm always stripping.
Team nursing here is well in hand.
The care you get is really grand.



SECOND WEST

Our surgical floor is on second west
Where exercises are done with zest.
Of course it is the orderlies' home
From here they hardly ever roam.
The instructresses' teaching is retained
A lot of knowledge here is gained.



SECOND MAIN

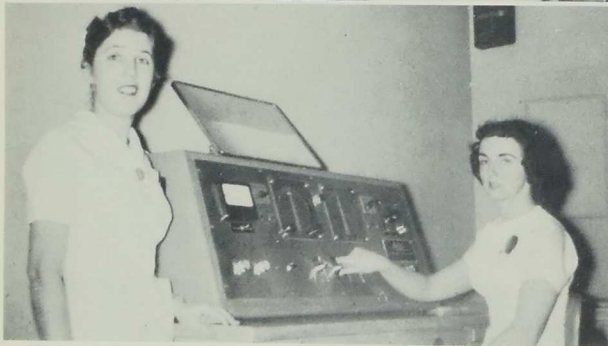
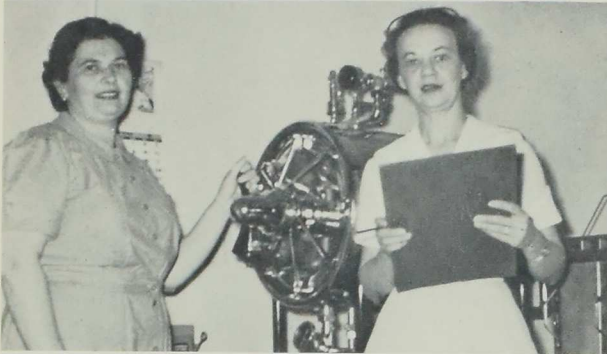
Dear second main
Has made its fame
As a floor of toil—no palace royal.
But like it, we do
For—where else can be done
Two days' work
In the time of one?



SECOND EAST

There's second east—our newest floor
With rooms done up in the best decor
All private rooms come equipped with bath
And bed-pan flushers as an aftermath.
It's nice to work on—eight hours we do
'Tho' it's nice to look at—they're sick there too.





THIRD WEST

For the women, there's third west
Where they come for a well-earned rest.
Catheterizations we certainly do,
Irrigations and douches too!
Backrubs and tea we give every night,
Just before we turn out the lights.

THERAPY

Two new departments have been added to our hospital which have expanded the scope of our patient care a great deal. Working hand in hand with each other, and the rest of the hospital, our physio and occupational therapists accomplish much in the assessment of problems, such as a stiffness or paralysis; and putting these affected parts to their maximum use. The crafts and exercises not only help the patients to learn new skills, but serve as an important factor in their mental outlook.

FORMULA ROOM

In gown and mask we mix and measure
'Cause brewing our own is such a pleasure.
We pour it into bottles all sizes
'Till 270 the temperature rises.
Then to the floors this "MOO-JUICE" will go
Into refrigerators, placed row upon row.

CANCER CLINIC

Our Cancer Clinic is a separate place,
It's there for every creed and race.
With its paintings on the wall,
It looks so cheerful to us all.
For treatments people come and go,
The friendly staff they get to know.

RECOVERY ROOM

Your first day in recovery begins quietly for a very obvious reason—there are no patients! Suddenly it explodes—an anxious anaesthetist brings in the first patient and signals for you and your petrified companion to help him move this unconscious burden. The unused back muscles revolt as you suffer a mild twinge. You admit the poor patient by squeezing the circulation out of her left arm with a well inflated B.P. cuff; gently pushing an oxygen catheter up her nostril, and last but by no means least you test her level of consciousness by roaring in her ear, "Mrs. Jones, can you remember your name?"

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PAEDIATRICS

Paediatrics is our well-loved home
From here we never want to roam.
The kiddies are so cute and small,
To care for them is best of all!
Feedings and treatments keep us hurrying
To fill demands, we're always scurrying.

A diaper to change,
A mouth to feed,
Remember the safety rules
We *must* heed!

Then playtime brings
More fun and glee,
With puzzles, games,
Books and T.V.

An hour for rest,
Then Mommy is here
With a big teddy-bear
To bring lots of cheer.



PSYCHIATRY

In first East are hobbies of all kinds
To help relax
And give peace of mind.
Our ward here
Is bright and cheery
To perk up the spirits
Of the weary.
They also have a dining room
In which to eat.
Our lounge and T.V. there
Just can't be beat!
Some time for diversion
And for rest,
We find that these results
Are best.



OBSTETRICS

Good Heavens! She means me. Now what will I do? Scrub? ah—yes. First, get my room set up. Now remember, don't contaminate anything. CRASH! Oh, no, my first scrub and this happens. I must be excited or something—I keep shaking. Now I've put on my gown, and I haven't even scrubbed. I'll tell the circulating nurse to open a new pack while I scrub. Poor kid. I hate to make her do it—she looks frightened. Ha, I should talk.

This brush is scraping the skin off. Is that blood, or are my arms just turning that colour? Six more minutes. I'll never make it.

I'm gowned, so is the doctor. What did he say? Second instrument from my left? What's wrong, doesn't he want that one? He handed it back. Oh well, I'll try again. "LEFT" Well! Don't yell, I'm not deaf, just petrified.

Sutures? Ahhhh yes. Now was that needle point over my left or right shoulder? I'll try the right. What do you know? He's left handed.

Glad it's all over.

Off with the gloves, cap, mask, and gown. Quick! Give me a chair. I really feel tired. My, I worked hard. Yes sireee, the best little old scrub nurse you ever did see. Here comes Miss Bevis, I wonder how she thinks I did?

Is she really and truly telling ME, that I need more experience and that I'll have to watch my technique? I guess Obstetrical Nursing just isn't for me.

E is for the emergencies that arise every day
M is for the minutes that seem to fly away.
E is for the ether that we can smell.
R is for the room we know so well.
G is for the gloominess that never arises.
E is for the endless cases our work comprises.
N is for the nurses who rarely get seated.
C is for the care with which our pts. are treated
Y is for you, whether it be "she, or he"
And we hope we don't see you in EMERGENCY.

OPERATING ROOM

"ALL IN AN HOUR"
GET UP OUT OF THAT BED!
mumble mumble @ mumble!!!*

SORRY ROOMMATE
COFFEE - BLACK
- . . . -

HEY YOU! SCRUB.
DID YOU TOUCH THAT?
YES
HURRY! THEY'RE READY
GET OUT OF MY WAY
I NEVER YELL AT STUDENTS
mumble mumble
PARDON
mumble mumble
PARDON
YOU'RE CONTAMINATED!!
NURSE SUCTION
HOLD THIS, AND THIS, AND THIS
NO! NOT THAT WAY!
NURSE! WHERE'S THAT SUCTION
SIGH
CENSORED JOKE (WOW!)
NURSE HOW LONG HAVE YOU
BEEN IN TRAINING?
NURSE PLEASE! WHERE'S
THAT SUCTION
OH! NEVER MIND!
(WHEW! I'M GLAD IT WAS
A TONSIL)

RED CROSS

T'was just before Christmas
When the students of "Met,"
Donned their blue beanies
And to Red Cross did trek.

The children were there
With a smile for each one,
And anxious to show us
The work they had done.

In the pool there was splashing,
And exercises too.
But the most fun was had
By—You guess who!

Away up in Physio
The children were milling.
Next was O.T.
With projects so thrilling.

But 'ere we did leave them
They gave us a show
Of songs, dances, and verses,
Their faces aglow.

We'll not soon forget them,
Their lesson no loss.
These brave children we met
In our week at Red Cross.

PUBLIC HEALTH

To the Board of Health we went
To learn some facts was our intent.
The health nurse in her daily task
Answers questions for those who ask.
Her work promotes the health of all.
On those who need her, she will call.

NURSERY SCHOOL

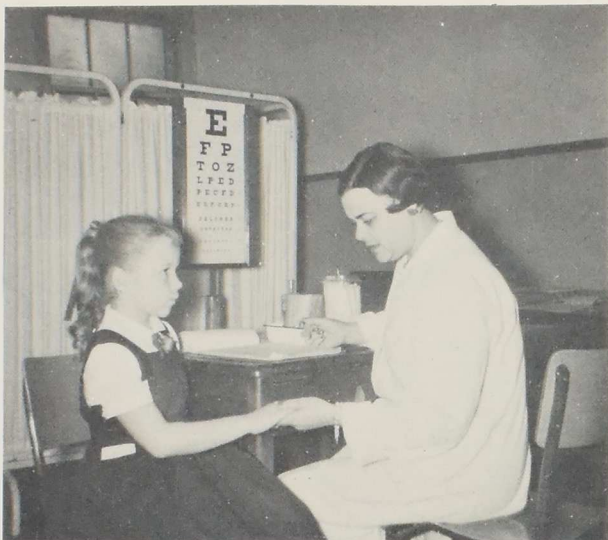
In our beanies and black shoes
We went to nursery school in twos.
For two whole weeks we went each day
To watch the normal child in play.
They cut, coloured, and painted with glee
Then held it up for all to see.
Story time was fun for all
Even for those who weren't so small.
From 9 'til 12, they played and worked,
Their little duties they never shirked.

RIVERVIEW HOSPITAL

To Riverview we travelled every day,
And learned to care for the chronically ill the right way.
Down to O.T. and Physio we went
To learn all aspects was our intent.
We cared for the aged, crippled and paralyzed
The importance of this we certainly realized.
Of course the food I can't forget,
So good I can still remember it yet.

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SANATORIUM

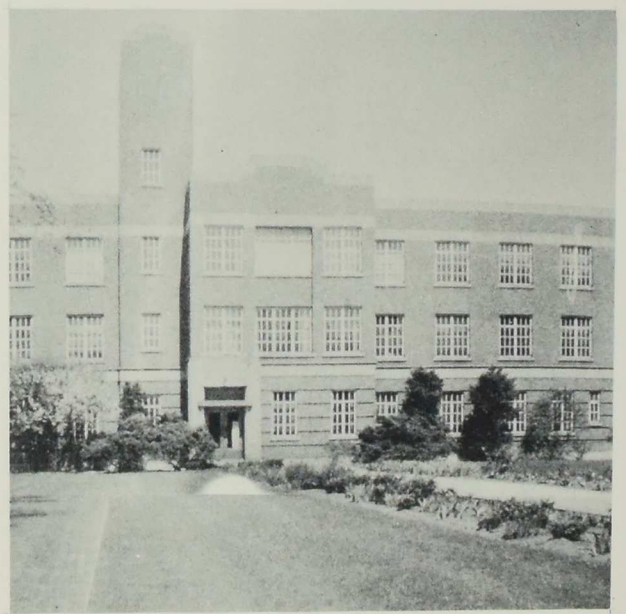
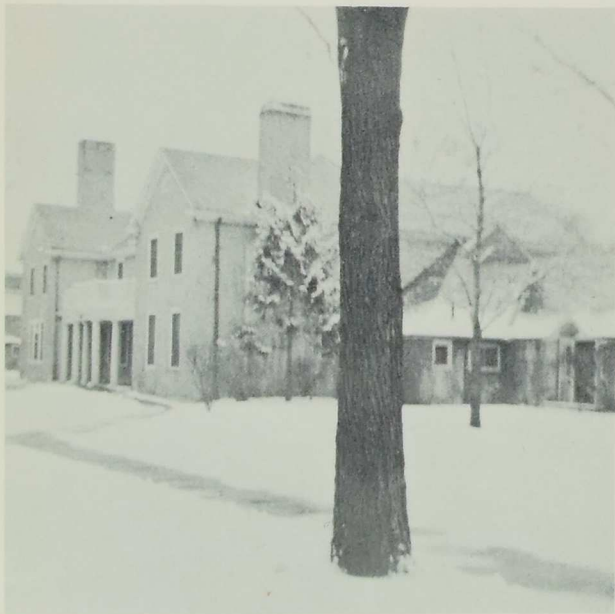
The intermediate and senior students found their month of Sanatorium affiliation to be an interesting and educational experience. The class was divided into groups, and each group went at the beginning of a month. We arrived at the nurses' residence on a Sunday afternoon, excited but apprehensive. Miss Black, Director of Nursing, assigned us to private rooms in the residence.

On Monday, all student—Grace, Hotel Dieu, and our own girls, met Miss Black at the residence; then went to the McGregor building for breakfast. Our first day was spent touring the Casgrain, Braid and McGregor buildings; plus orientation lectures by Miss Black and Dr. Brown, Medical Superintendent. The following day, we started our ward experience—working on each ward for one week.

During our ward experience, we learned a practical aseptic technique for both the nurse's and the patient's protection. We also learned that psychological care is a most important factor in promoting the patient's recovery. We were given an opportunity to use this knowledge, while caring for the tuberculosis patient with this long-term illness. We learned that a patient cannot start on his road to recovery until he is at both mental and physical rest. It is not too difficult to put a patient at physical rest, but putting him at mental rest can be a problem. This is where the nurse and other workers play an important role. We learned that by just being a good listener we could sometimes help the patient put his mind at rest. When the tuberculosis patient enters a Sanatorium, he often leaves behind him a family, good job, and financial debts. It is the duty of the attending nurse and other personnel to help the patient adjust to these problems.

Our Sanatorium stay also gave us an opportunity of working with students from the other Windsor hospitals. We enjoyed this very much as we made new friends and also observed the techniques of other student nurses.

We will always regard our Sanatorium affiliation as an important part of our training—and will remember the important principles of Tuberculosis Nursing.

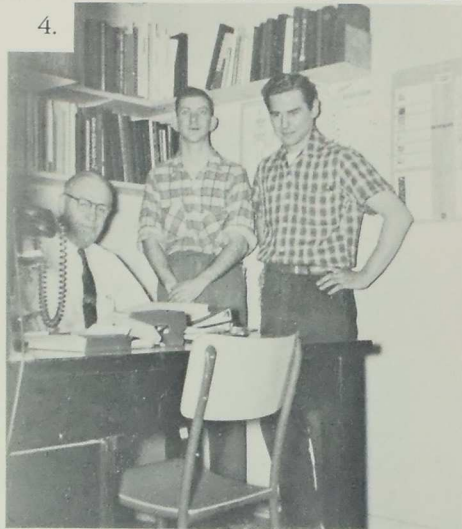
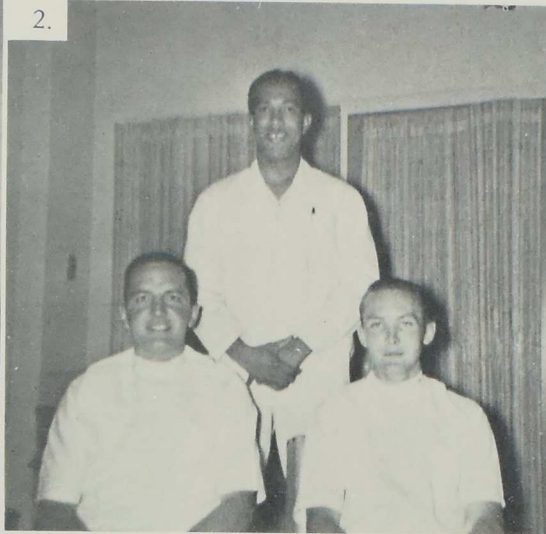




HERE AND THERE

- 1. NURSING OFFICE
- 2. SCHOOL SECRETARY
- 3. ORDERLIES
- 4. C.S.R.
- 5. OFFICE
- 6. SWITCHBOARD
- 7. LAUNDRY

Congratulations to the
 Graduating Class OF 1958
 FROM THE
NURSES' ASSOCIATION
METROPOLITAN GENERAL HOSPITAL



- 1. ADMITTING
- 2. INTERNS
- 3. RECORDS
- 4. STORES
- 5. ENGINEERS
- 6. NIGHT SUPERVISORS
- 7. RESIDENCE STAFF



1.



2.



3.



4.

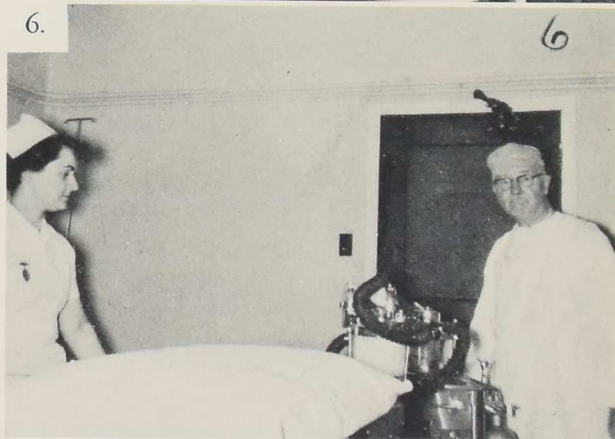


- 1. LABORATORY
- 2. X-RAY
- 3. PHARMACY
- 4. HOUSEKEEPING
- 5. BLOOD BANK
- 6. CYSTO
- 7. OXYGEN TANK
- 8. KITCHEN

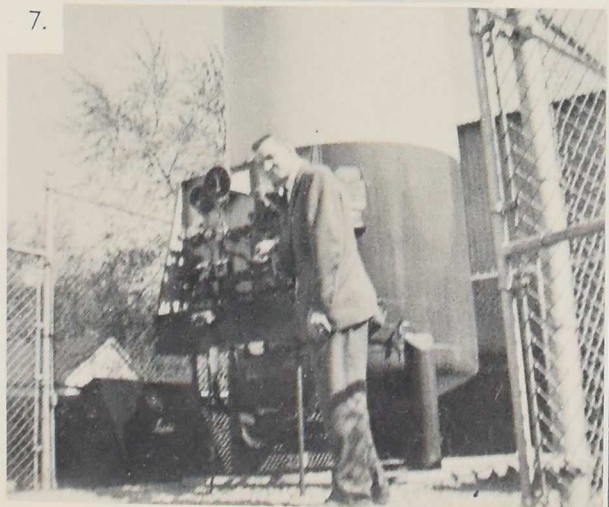
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6.



7.



8.



STUDENT'S TRIPS

FIVE OAKS

In the Fall, Miss Vane and Miss Hyatt represented our school at Five Oaks. The first day, they browsed around the lovely grounds, and later assembled for a get-acquainted session—meeting the other nurses and Rev. and Mrs. Oaten. On Saturday, with Rev. Bone, they discussed spiritual well-being. After dinner, everyone enjoyed doing the Virginia Reel. Later in the evening, they attended Chapel-on-the-Hill. During the weekend, all the students discussed professional ethics among themselves. On Sunday, communion was served; after dinner everyone gathered for Chapel service and Bible study.

The girls enjoyed the weekend very much. They found it to be educational, peaceful, and spiritually satisfying.

DISTRICT 1, REGISTERED NURSES' ASSOCIATION OF ONTARIO

On November 21st, 1957, Karen Shanks, Eleanor Santo, and Florence Josh attended the District 1 R.N.A.O. meeting held at the Jeanne Mance Residence Hotel Dieu Hospital, Windsor, Ontario, with the Windsor—Essex Chapter being hostess.

During the general meeting, Mrs. Mary F. Strong, REG.N., from the Provincial Office gave an informative talk on "Labour Relations as it Affects Nurses in Ontario." The dinner meeting was held at the Elmwood Casino, where we listened to a most entertaining and delightful talk given by Mrs. Cameron H. Montrose, Controller, City of Windsor, on "Tomorrow is Ours." Much to our delight we were invited to watch the floor show.

We wish to thank the Student Association who made it possible for us to enjoy this event.

STUDENT'S TRIPS

REGISTERED NURSES' ASSOCIATION OF ONTARIO

On April 23, Miss Marilyn Leggett and Miss Betty Lenson arrived at the Royal York Hotel in Toronto to attend the R.N.A.O. convention.

The following morning we registered then inspected the many commercial exhibits. During the day we heard reports from various committees and also an interesting talk on the new Hospital Insurance Plan. The day was climaxed by a panel discussion presented by the male nurses—it is their opinion that an obstetrical program be implemented for their students.

That evening the students attended a coffee party at the Woman's College Hospital, then a delightful musical comedy entitled "Spring Thaw."

On Friday, April 25, an interesting panel discussion on nursing education was presented. The main topic of this discussion was the possibility of a two course or an enriched three year course. We also heard about Registration and Civil Defense.

A buffet dinner was held in the evening and we also had an opportunity to see part of the city.

Saturday morning, following a discussion on Public Relations, the members of the R.N.A.O. were given the opportunity to bring up necessary business.

The meeting came to its conclusion with the installation of new officers.

It was a wonderful experience for both Miss Leggett and myself and I only wish that every student could have the opportunity to attend this convention.

CANADIAN NURSES' ASSOCIATION

Miss Walsh and Miss Weary were chosen to represent the school at the C.N.A. 50th anniversary general meeting held in Ottawa from June 22nd to June 27th; the R.N.A.O. being the hostess for this event.

The theme of the meeting was "Into the Future Open a Better Way." All sessions were held in the Coliseum, Lansdowne Park.

Interesting talks were given as well as a dramatic presentation of nursing in Canada. Being such an historical city, much sight-seeing was also done.

The girls would like to thank the Student Association for making this a never-to-be-forgotten occasion.

AUTOGRAPHS

WITHOUT OUR ADVERTISEMENTS WE WOULD NOT HAVE BEEN ABLE TO
PRODUCE THIS YEARBOOK. WE OWE THEM OUR SUPPORT AND PATRONAGE.



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