

STYLE - SPANISH EVENINGSTYLE FOR SPANISH EVENING:

Take as the first ground for the style the feeling of ease, then add the feeling of being not quite on the earth. Get up and sit down with this feeling of being just a little off the earth. Now get up slowly, but in the style, while saying, "Now I am getting up," then sit down saying "Now I am sitting down." Add to this the juggler's psychology, as if each moment is a trick. Then do the same thing three times; the first time slowly, the second time quickly, and the third time slowly, saying each time "I am getting up," "I am sitting down." Then do it with a pause between each thing; during each time you must have the "rabbit" psychology of looking at one place. The whole sequence must be done with the feeling of the whole. Everything must be in the style, especially the speech.

You must take the exercises as pedantically as they are given to you, otherwise this vagueness which is death for the artist is there, because it is always around us. We must be proud that in our school we deny this vagueness, and it only comes when something is neglected but actually there is no point on which our Method is vague.

The style of this play consists of juggler's psychology: 1. Contact. 2. Feeling of Ease; Feeling of Beauty; Feeling of Form; Feeling of the Whole. 3. Movements

M. Chekhov

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or sustained stillness (like our image of the rabbit).

We must work to create this world of the style of Spanish Evening so that we may live - not artificially or superficially - but really live in it.