Michael Chekhov

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THE ACTOR'S NATURE

OPEN CLASS FOR THE ESTATE (INCOMPLETE NOTES)

ties and powers enter this center which is the actor's nature. For instance, the quality of ease enters this center...The actor is a person who is able to see certain qualities in the world around him, and to incorporate them subconsciously and consciously and transform them into - what? First into his movements, or into his speech, or into radiation. These are the three main things which the actor has to do when he gets certain vague impulese and impressions from the outer world. If the quality of ease comes into our artistic nature and we transform it into our movements, our speech, and our ability to radiate it, we have attained a technique in our art.

... ...