

OBJECTIVE
THE FOUR STAGES IN FULFILLING THE
OBJECTIVE

OBJECTIVE:

What does it mean to take the objective with the whole being, and fulfill it with the whole being? It means that at the moment when I am speaking these words, my whole body is occupied with the same problem. I never have the right to divide my actor's being into different parts. For example, I am speaking at the moment and my hands are doing nothing. This does not mean that one must make gestures, but one must feel the activity in one's hands, the energy must be always present in the whole being, from the beginning to the end. I must be full of this kind of activity. If I am required to be sly on the stage, and must make only sly gestures, it still means that the same process of being full of some kind of activity is necessary.

Sometimes we have seen that the objective is not fulfilled, because of this unconscious or subconscious division of the being. For instance, when the actor is speaking only and the body is dead, or upon entering a room when part of the body is dead. This is what disturbs the actor so much in fulfilling the objective. In entering the room the actor must be full of his visible and invisible activity - full of the activity of entering the room.

Another example: if I wish to persuade you by telling you something, it means that I am telling you something

with every part of my body. This is one of the most important secrets in grasping this problem of the objective. We will try to do some complicated objectives, but I suggest to all actors and directors that they pay attention to the point that the actor must act with the whole being, and not only with one part. Objectives are a very good means for developing this.

The best example of dissociation is when we are embarrassed or ashamed, then every part of us becomes dissociated and independent. Quite the opposite thing must be done on the stage. This is very important for each moment on the stage when we are appealing to the objective. There are so many things during the rehearsals and performance which are disturbing us, not only consciously but subconsciously, that we are not able to catch them and overcome them. Such things as the objective, which is pouring through our whole being is a very strong means of fighting against everything which is disturbing our subconscious.

We must do our exercises absolutely consciously, and in this way we will be able to act absolutely subconsciously when the time comes. On the ground of our conscious work with such exercises, our acting will be free.

THE FOUR STAGES IN FULFILLING THE OBJECTIVE:

When you are taking an objective you must take four stages in your professional mind: 1. Not to have the objective. 2. To grasp the objective with your whole being. 3. To fulfill

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the objective. 4. the moment after fulfillment. You must realize all four stages in fulfilling the objective.